HAIRY JOB: An ex-programmer gets sharp with scissors and combs | **Inside**



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Wednesday



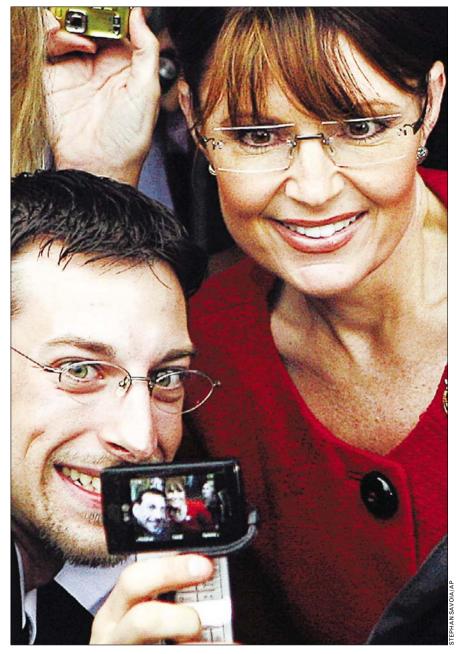
Obama called for more troops in Afghanistan.

Obama Attacks: Savs Bush war plan 'comes up short' | 3

In the Red: Deficit may hit record \$407B in early '09 | **3**







Palin Shines in McCain Resurgence

ALL SMILES: Republican vice presidential candidate Alaska Gov. Sarah Palin poses for a photo with a supporter Tuesday at the conclusion of a rally in Lebanon, Ohio. Sen. John McCain's choice of Palin as his running mate has sparked new enthusiasm in McCain's presidential campaign, with polls indicating a dead heat with Sen. Barack Obama. • Well-scripted: Palin plays it safe | Page 6

Officials: N. Korea's Kim Is III

Absence at event sparks new rumors of a possible stroke

WASHINGTON | North Korean dictator Kim Jong Il may be gravely ill, perhaps the victim of a stroke, U.S. and other Western officials said Tuesday after he failed to appear for a major national parade. If so, it could jeopardize the already troubled international effort

to get his nation to abandon nuclear weapons.

Kim's absence from a military parade for the country's 60th anniversary lent credence to reports that the man North Koreans call the "Dear Leader" had been incapacitated during the past few weeks.



The 66-year-old Kim, who has been rumored to be in varying degrees of ill health for years, has not been seen since mid-August. Though he appears rarely in public and his voice is seldom broadcast, Kim has shown up for previous landmark celebrations.

"There is reason to believe Kim Jong Il has suffered a serious health setback, possibly a stroke," one Western intelligence official said. A senior U.S. official, speaking anonymously, said fresh rumors had been circulating about Kim's health and his control over North Korea's highly centralized government.

Neither the White House nor the State Department would comment publicly on Kim's health, but U.S. officials said privately they were concerned Kim's apparently failing health jeopardized six-nation talks aimed at ridding North Korea of its nuclear weapons. (AP)



CAN LANCE ARMSTRONG WIN THE TOUR DE FRANCE AFTER COMING OUT OF RETIREMENT? (A YES (3) NO





76 | **65** |



77 67

eye Openers

OBSESSIVE

Arteries Keep Track Of Days Till Closure

A 54-year-old Fond du Lac, Wis., man says his obsessive-compulsive disorder drove him to eat 23,000 Big Macs in 36 years. Don Gorske says he hit the milestone last month, continuing an obsession that began May 17, 1972. Gorske has kept every burger receipt in a box. He says he was always fascinated with numbers, and watching McDonald's track its number of customers motivated him to track his consumption. The only day he skipped a Big Mac was the day his mother died,

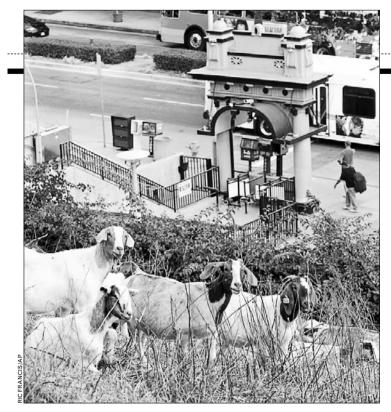
to respect her request.
Gorske says he doesn't
care when people call
him crazy. He says
he's in love with the
burger, which is
the highlight of his
day. (AP)

ONLINE

Negotiations Slowed By Dial-Up Line

An 8-foot-tall mechanical gorilla that was swiped in broad daylight from outside an East Machias, Maine, store has turned up several hundred miles away. Owner Lowell Miller and his wife, Sandy, marveled at how such a big ape on a heavy base could have been taken without attracting attention. The gorilla's creator helped out by posting a YouTube video seeking the gorilla's return and offering a reward. Then another video turned up on YouTube, showing a hooded person demand-

ing a \$1 million ransom, apologizing for causing a flap. "I didn't know it'd be such a big deal," the person said. Now the gorilla, Seemore, has turned up in a cornfield at Swanton, Vt. (AP)



TAX DOLLARS

Urban Bleat

Los Angeles is using a herd of 100 goats to clear the thick and tangled weeds from a hillside lot next to the historic Angels Flight railway. Leaders of the Los Angeles Community Redevelopment Agency, which brought in the animals, say the goats are cheaper and more environmentally friendly than humans with gas-powered machines. Agency head Cecilia Estolano says the South African Boer goats are being rented for \$3,000. (AP)

GOURMET

Paella Recipe Ruined

Authorities say they've arrested a man who broke into the home of two California farmworkers, stole money,

rubbed one of the farmworkers with spices and whacked the other with a sausage before fleeing. Fresno County sheriff's Lt. Ian Burrimond says 22-yearold Antonio Vasquez was found hiding in a field wearing only a T-shirt, boxers and socks after the Saturday morning attack. He says deputies arrested Vasquez after finding a wallet containing his ID in the ransacked house. Burrimond says money allegedly stolen from the farmers was recovered. (AP)

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BLAME THE PASSENGER: A man with four previous drunken-driving convictions who was stopped for weaving in traffic in Albuquerque, N.M., was ready with an excuse for his poor driving: Someone in the vehicle spilled his beer. Police arrested the man late Saturday.

Nation

Hit Record In Early '09

Red ink projections for the government continue to escalate

WASHINGTON | The federal government will run a near-record deficit of \$407 billion this year, according to the latest Capitol Hill esti-

The Congressional Budget Office released figures Tuesday that indi-

cate the red ink

will spill over into

The average unemployment rate projected for the U.S. next year by the Congressional Budget Office.

next year, when the deficit would reach a record \$438 billion — and could go even higher as the government takes over Fannie Mae and Freddie Mac.

The worsening deficit is largely due to continuing weakness in the economy, high energy and food prices, and the slump in the housing and financial markets, the CBO said. And the economy could still slide into a recession, according to the forecast.

The CBO figures for this fiscal year, which ends Sept. 30, are slightly worse than the White House predictions released in July. The White House foresees a \$389 billion deficit for 2008, growing to \$482 billion in 2009. Andrew Taylor (AP)

Deficit May Obama: War Plan 'Comes Up Short'

Candidate says more troops needed for the fight in Afghanistan

RIVERSIDE, OHIO | Sen. Barack Obama said President Bush isn't acting quickly or forcefully enough to get more U.S. forces into Afghanistan and out of Iraq.

Bush "is tinkering around the edges and kicking the can down the road to the next president" with his decision Tuesday to bring home only 8,000 combat and support troops from Iraq by February, Obama said.

Bush said a Marine battalion scheduled to be sent to Iraq in November will instead be deployed to Afghanistan, followed by an Army combat brigade early next year. In all, that would add 4,500 to 4,700 combat troops in Afghanistan.

Less than two hours later, Obama went before reporters during a campaign stop in this Midwestern battleground to respond.

"His plan comes up short. It



Sen. Barack Obama says he will remove troops from Iraq, if elected president, and send more into Afghanistan, which he calls central to the war on terrorism.

is not enough troops, not enough resources, with not enough urgency," Obama said. "The next president will inherit a status quo that is still unstable."

The Democratic presidential nom-

The next president will inherit a status

in, doesn't get that, either.

ism, not Iraq. He said his Republican White House rival, Sen. John McCa-

auo that is still unstable."

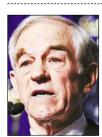
SEN. BARACK OBAMA

Obama said if elected in November, he will remove troops from Iraq in a measured but methodical way and send more into Afghanistan.

McCain issued a statement saying Bush's announcement of troop withdrawals next year "demonstrates what success in our efforts there can look like" and argued that it "stands in clear contrast to the reckless approach long advocated by Senator Obama." NEDRA PICKLER (AP)

'The War Within': For part four of Bob Woodward's inside look at the Bush administration's war effort, see Today's Post, A Section or visit washingtonpost.com.

HEARSAY | THIRD-PARTY PITCH



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-REP. RON PAUL, FROM REMARKS HE WAS TO DELIVER WEDNES-DAY URGING VOTERS TO REJECT SENS. JOHN MCCAIN AND BARACK OBAMA AND VOTE FOR A THIRD-PARTY CANDIDATE

Nation of Islam Founder's Son Dies

CHICAGO | Imam W.D. Mohammed. the son of Nation of Islam leader Elijah Muhammad who moved thousands of blacks into mainstream Islam, died Tuesday, according to his nephew.

inee said Bush doesn't understand

that Afghanistan and Pakistan are

the central front in the war on terror-

Sultan Muhammad confirmed his uncle's death, but did not immediately offer details.

When Elijah Muhammad died in 1975, his son was named leader of the Nation of Islam, which promoted self-reliance and black supremacy, a belief that mainstream Muslims consider heretical. Mohammed quickly abandoned that teaching and led the Nation toward orthodox Islam. (AP)

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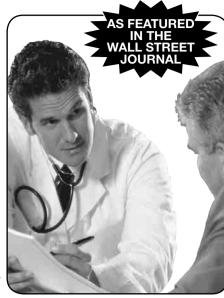


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Nation

1.4

The number of stimulus checks, in millions, intercepted by the Internal Revenue Service for child support since the payments began last spring, according to The Associated Press.

Winter Weather Worries

Homeowners already are seeking help with upcoming heating bills

HARRISBURG, PA. | Homeowners already pinched by high food and gas prices have grown increasingly anxious about staying warm this winter.

At state assistance offices and at community organizations, phones are ringing off the hook as people seek help with what are expected to be punishing heating bills. Legislators and governors from Alaska to Maine are watching the gap between surging need in their states, and assistance that may or may not be coming from Washington.

Aid agencies fear they may have to turn more people away, or give less cash assistance to individual families.

"People are very worried about this winter," said Ann Heidenreich, executive director of the nonprofit Community Energy Services in Can-



Zach Conway pulls the filling hose away from his gas tanker truck in Omaha, Neb. Homeowners pinched by food and gas prices are anxious about winter weather.

ton, N.Y. "We're not going to deal with all that needs to be done; there's no way. We're going to have to deal with emergencies this winter."

The Energy Information Administration, a statistical division of the U.S. Department of Energy, projected last month that natu-

ral gas and heating oil will cost a record amount this winter. In some cases, home heating oil, propane and kerosene are already twice as costly as they were two years ago, meaning that a dollar of federal aid will not go nearly as far this winter.

MARC LEVY (AP)



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Nation

The amount, in billions of dollars, to be distributed to former Enron Corp. shareholders and investors in a settlement plan approved late Monday by a U.S. district judge.

On the Trail, Palin Sticks With Script

McCain's VP choice will sit down for first interview this week

LEBANON, OHIO | John McCain took a risk in picking little-known Alaska Gov. Sarah Palin as a running mate, but now the campaign's playing it safer. She's sticking to a greatest hits version of her convention speech on the campaign trail and steering clear of questions until she's comfortable enough for a hand-picked interviewer later this week.

More than 40 million people tuned in last week to listen to the speech from Palin, the 44-year-old



Alaska Gov. Sarah Palin campaigns Tuesday at a rally in Lancaster, Pa.

first-term governor who McCain announced as his surprise vice presidential pick just days before. Since then, that basic script is all anyone has heard from her publicly, and her only interaction with the media was a brief conversation with a small group of reporters on her plane Monday — off the record, at her handlers' insistence.

Amid growing sniping from Democrats, the McCain campaign announced that Palin would sit down for her first interview, with ABC. It will take place over two days at her home in Alaska.

And then?

McCain campaign manager Rick Davis has said that Palin will "agree to an interview when we think it's time and when she feels comfortable doing it." SARA KUGLER (AP)

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World

Zardari Takes Office in Pakistan

Widower of former PM Bhutto vows to fight terrorism as president

ISLAMABAD, PAKISTAN | Repeatedly paying homage to his assassinated wife, new President Asif Ali Zardari declared Tuesday that he has a comprehensive plan to fight terrorism and said Pakistan's people are behind him.

Zardari, elected by legislators Saturday, was long on platitudes but short on specifics while meeting with the media after taking the oath of office in a short ceremony at the presidential palace. He was chosen to replace Pervez Musharraf, a U.S. ally who resigned under pressure last month.

With President Hamid Karzai of neighboring Afghanistan by his side for a news conference, the widower of former two-time Prime Minister Benazir Bhutto said he hoped to turn Pakistan's negatives into positives.

"As far as America is concerned, the fact that we are on the globe and we are in the eye of the storm, I consider that an opportunity," Zardari



Asif Ali Zardari waves after being sworn in as the new president of Pakistan.

said, noting that most countries welcome foreign investment.

"I intend to take that and make it our strength. We intend to take the world with us in developing the future of Pakistan and changing the future of our neighbors," he said.

When asked about allegations that Pakistan's intelligence agency had collaborated with militants waging war on Afghanistan's U.S.-backed government, Zardari said the neighbors would work together on any "weaknesses." PAUL ALEXANDER (AP)

INDONESIA | TRAMPOLINE SUPERHERO



IT'S A BIRD ... IT'S A PLANE ...: A boy in a Superman costume bounces on a trampoline while his father takes photos in Jakarta, Indonesia, on Tuesday.

The number of puppies that were born in May using sperm from Snuppy — the world's first cloned dog — artificially inseminated into two cloned female dogs, according to Seoul scientists.

World

Flooding Strands Haitians

Death toll from storms likely to surpass 331 as recovery effort begins

GONAIVES, HAITI | Nine people died in shelters in this marooned city desperate for relief supplies, even as waters from Hurricane Ike receded and a U.S. Navy ship dispatched boats to deliver food.

Two children were among the dead at shelters across Gonaives on Monday, said Daniel Dupiton of region's civil protection department. It was not immediately clear what caused those deaths.

Thousands have taken refuge in schools, churches and homes on high ground, many with scant supplies or supervision.

With most roads across the country still impassible, Haiti still lacked



A man stands in front of the ruins of his house, which was destroyed by flooding from four tropical storms in less than a month, in Gonaives, Haiti, on Tuesday.

a complete picture of the destruction, and desperation was setting in among people who have spent days in the floodwaters and mud.

The death toll — which gov-

ernment officials said stood at 331 people from four tropical storms in less than a month — is sure to rise as more bodies surface in the mud. JONATHAN M KAT7 (AP)



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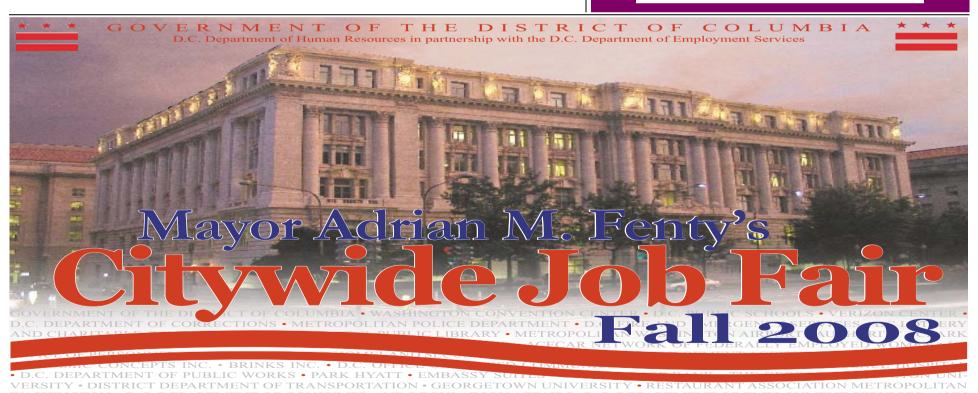
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Money

Lehman's Stock Tailspins

Shares in bank fall 45 percent as fear of collapse takes hold

NEW YORK | Lehman Brothers Holdings Inc. shares plunged to their lowest level in more than a decade Tuesday amid investor concerns that the battered investment bank is running out of options to raise capital.

Investors, anxious about the possibility of a bank failure after the near-collapse of Bear Stearns, punished the stock in afternoon trading. The stock plunged \$6.36, or 45 percent, to \$7.79 — the lowest level Lehman's stock has hit since the financial meltdown of 1998 triggered by the collapse of hedge fund Long-Term Capital Management.

The nation's fourth-largest securities firm has been seeking to boost liquidity after suffering \$8.2 billion in write-downs and credit losses since the financial crisis began last year. Lehman had hoped to find a major investor before announcing



Shares of New York-based Lehman Brothers Holdings fell to \$7.79 in trading on Tuesday, the lowest level since 1998. The bank is expected to announce a huge loss.

third-quarter results Sept. 18, when it is widely expected to take another round of steep losses.

Uncertainty about Lehman's financial position has prompted speculation that the investment bank might announce quarterly results early, a move that could also

stem the stock's slide.

Lehman could report a loss of between \$2 billion and \$4 billion, according to analysts. That would be on top of a \$2.8 billion secondquarter loss, which was the first since Lehman spun off from American Express Co. in 1994. (AP)

KFC's Secret Recipe Leaves Vault

List of 11 ingredients whisked away under tight police security

LOUISVILLE, KY. | Pssst. The secret's out at KFC. Well, sort of.

Colonel Harland Sanders' handwritten recipe of 11 herbs and spices was removed Tuesday from safekeeping at KFC's corporate offices for the first time in decades. The temporary relocation is allowing KFC to revamp security around a yellowing sheet of paper that contains one of the country's most famous corporate secrets.

The brand's top executive admitted his nerves were aflutter despite the tight security he lined up for the operation.

"I don't want to be the president who loses the recipe," KFC President Roger Eaton said. "Imagine how terrifying that would be."

The recipe that launched the chicken chain was placed in a lock



A commemorative replica of the 11 herbs and spices in KFC's secret chicken recipe.

box that was handcuffed to security expert Bo Dietl, who climbed aboard an armored car that whisked away with an escort from off-duty police officers.

So important is the 68-year-old concoction that coats the chain's Original Recipe chicken that only two company executives at any time have access to it. The compa-

ny refuses to release their names or titles, and it uses multiple suppliers who produce and blend the ingredients but know only a part of the entire contents.

KFC executives said they decided to upgrade security after retrieving the recipe amid preparations to add a new line of Original Recipe chicken strips. BRUCE SCHREINER (AP)

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The percentage of Maryland residents surveyed who said they would vote for a constitutional amendment to authorize slot machines in the state, according to a recent poll conducted by Gonzales Research & Marketing Strategies.

Local

D.C. Primary Elections Turnout Low

Candidates show up to greet voters only to meet light support

A bevy of candidates for D.C. Council and other political offices hit the streets to rally support for Tuesday's primary elections, but they found few voters to greet, as turnout was light across the city.

Voters will choose candidates to vie for two at-large, or citywide, council seats in the November general election, and as candidates who will compete to represent wards 2, 4, 7 and 8.

Dan Murphy, spokesman for D.C.'s Board of Elections and Ethics, said no major problems were reported but acknowledged that traffic at the polling sites was slow by midday. He did not offer a specific count of how many had come to the polls.

Tuesday's rain couldn't have helped



D.C. Mayor Adrian Fenty, left, greets a voter while he helps Ward 2 Council member Jack Evans campaign outside the polling station at Shiloh Baptist Church in NW.

turnout in a race in which incumbents and challengers were vying for party nominations, and a place on the general election ballot in the fall.

By 12:30 p.m., 431 people had voted at Ward 4's Shepherd Elementary School, which normally boasts a high rate of voters. "In November, by this time, there would have been 900," said precinct captain Savanna Wanzer.

But the candidates pressed on. Mayor Adrian M. Fenty, a Democrat, was out early stumping for his council allies who are up for reelection. He appeared with Ward 4 incumbent Muriel Bowser, a Democrat, at the LaSalle-Backus Education Center, where they cast their votes shortly after polls opened at 7 a.m. NIKITA STEWART AND DAVID NAKAMURA (THE WASHINGTON POST)

Late Results: D.C. Council primary election polls closed after Express' deadline. For results | Today's Post, Metro

McCain Va. Rally Relocated

Move comes after outcry over partisan event during classes

MCLEAN, VA. | Republican presidential candidate Sen. John McCain on Tuesday moved a campaign rally from a Fairfax County high school following complaints that the school was hosting a partisan political event during classroom

hours.



McCain

School system policy states that "school buildings and grounds may not be used for campaign activities during school hours."

However, Superintendent Jack Dale had agreed to make an exception, saying that the rally on Wednesday with McCain and his running mate, Alaska Gov. Sarah Palin, would be a good educational experience for students.

On Tuesday, though, the McCain campaign said the "overwhelming" demand for tickets forced them to relocate from the Fairfax High School field house, with a capacity of 6,500.

The rally will now be held at nearby Van Dyck Park in Fairfax.

MATTHEW BARAKAT (AP)

The Lotteries

Tuesday, Sept. 9

DISTRICT

 Mid-day Lucky Numbers
 9-3-9

 Evening Lucky Numbers (Mon.)
 7-7-8

 Mid-day DC 4
 7-8-0-8

 Evening DC 4 (Mon.)
 9-9-9-7

 Rolling Cash Five (Mon.)
 5-14-16-20-28

 Daily 6 (Mon.) 1-13-20-26-29-39 Bonus: 25

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

MARYLAN

 Mid-day Pick 3
 I-3-I

 Evening Pick 3 (Mon.)
 9-4-4

 Mid-day Pick 4
 9-5-3-3

 Evening Pick 4 (Mon.)
 3-2-9-I

 Match 5 (Mon.)
 13-I8-20-2I-35 Bonus: 22

VIRGINIA

Mid-day Pick 3	5-7-4
Evening Pick 3 (Mon.)	5-8-7
Mid-day Pick 4	8-1-3-5
Evening Pick 4 (Mon.)	2-3-6-2
Mid-day Cash 5	13-15-29-30-34
Evening Cash 5 (Mon.)	5-16-17-26-32

Officials: Va. Youth Smoking Down

RICHMOND, VA. | State officials say the rates of Virginia high school and middle school students who smoke have dropped significantly.

Figures show about 15.5 percent of high school students and 4.6 percent of middle school students were identified as current smokers in the 2007-2008 school year.

That's compared to about 22 percent of high school students and 7.5 percent of middle school students

in 2005. In 2001, the percentage was about 29 percent and 11 percent, respectively. The numbers are taken from a survey of 2,600 Virginia students. It identifies a current smoker as someone who has smoked at least one cigarette in the past month.

Officials with the Virginia Tobacco Settlement Foundation that funds a statewide youth-smoking prevention program says the results are promising. (AP)

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TAKE HEED: The National Highway Traffic Safety Administration has issued a consumer advisory to owners of certain Ford, Lincoln and Mercury sport utility vehicles, pickup trucks, vans and passenger cars to repair a cruise control switch system that has been tied to engine fires.

A Frugal Accent

Cheap 2009 Hyundai 3-door hatchback gets solid gas mileage

THRIFTY | Frugal buyers intent on saving money at the gasoline pump and the car dealership shouldn't overlook the Hyundai Accent hatchback.

The three-door 2008 Accent has been the top-ranked, gaso-line-powered, compact hatchback in government fuel economy ratings, with a city rating of 27 miles per gallon and a highway rating of 32 mpg when fitted with manual transmission.

Hyundai's entry model, the Accent 3-Door hatchback has a starting manufacturer's suggested retail price, including destination charge, of just \$11,645 with manual transmission and \$12,645 with automatic transmission for 2008 models. For 2009 Accent hatchbacks, base prices are \$100 higher.

It's worth noting that the low starting prices include items not normally found on base models of small, entry-level cars: a generous amount of standard safety equipment, including six air bags as well as a 10-year/100,000-mile warranty on powertrain components and five years of company-provided roadside assistance.

This car can travel nearly 400



The 2009 Hyundai Accent can travel nearly 400 mixed city/highway miles on a single tank of fuel. At \$3.70 a gallon, filling up the 19-gallon tank costs less than \$45.

mixed city/highway miles on a single tank of regular fuel. Even at \$3.70 a gallon, a fill-up of the 11.9-gallon tank costs less than \$45

I wish the car looked a bit richer or sporty. Instead, it is plain and rather uninspired, inside and out. But the round dials for the climate control system felt flimsy, and the seats — especially the back-seat cushion — had a cheap foam feel.

U.S. sales of the Accent were up 56 percent through the first seven months of this year and are on track to be the highest since calendar 2008 when more than 71,000 were sold. ANN M. JOB (AP)

NUTS & BOLTS

→ 2009 HYUNDAI ACCENT

\$11,777

Powertrain: 1.6 liters inline 4 front engine with 76.5 mm bore, 87.0 mm stroke, 10.0 compression ratio, double overhead cam, variable valve timing/camshaft | Wheelbase: 98.4 inches | Measurements: 159.3 inches long, 2,467 pounds | Horsepower: 110 at 6,000 rpm | Torque: 106 at 4,500 | Fuel Economy: 27 mpg city, 33 highway

DISCUSSIONS

REAL WHEELS

Your review of the 2009 Honda Fit praised its packaging but rightly withheld applauding its disappointing fuel economy numbers. With the trend toward smaller vehicles in the U.S. market, why didn't Honda plan to install the new 1.4 VTEC with the paddle-shifted sixspeed transmission? What was it thinking, and will it be correcting this mistake?

Honda will do something to improve the American Fit's fuel economy. Here, we seem to have settled into accepting that 30 mpg is good for anything. It isn't. We need to separate fuel economy from fuel efficiency. The two are not the same. 30 mpg might be great for a midsize SUV. It's nothing to cheer about in a subcompact car that should do substantially better.

What do you think will happen to the luxury car market? A lot of articles say the move away from leasing hurts their sales. Some car makes rely on leasing for more than 60 percent of their sales numbers. If the luxury names do away with leasing, then how will they move cars? Luxury models, those costing in excess of \$50k, constitute about 12 percent of the U.S. market. Evidence is that that market will hold, if not prosper. The rich, after all, continue to get richer. Leasing will remain in place for high-value brands, principally because those

brands historically have done a good job of retaining value.

What's your take on the growing movement to revive a national 55 mph speed limit?

Reinstating the national 55 mph limit is a good way to refill local coffers via adjudication. Historical evidence shows that it will do little to save fuel or to save lives. But it will increase collection of traffic fines, which will be needed to offset tax losses caused by people driving less and paying fewer gasoline taxes.

High-value brands historically have done a good job of retaining value.

The four president/VP candidates are now known. So, if each of them were a car, which car would each be? Obama is a Mazda but would prefer a Honda. He'll chose Mazda, which is fuel-efficient, because Mazda is connected to Ford and is represented by the UAW. Any Chevrolet will do for Biden. The guy is so intrinsically blue-collar, he still uses Metro. Look for Biden to be the first to climb into a Chevrolet Volt. McCain, like many Republicans of his vintage, will be happy with a Lincoln, perhaps an elon-



gated MKZ.

washingtonpost.com

Columnist Warren Brown comes online Fridays at 11 a.m. to answer your questions on every aspect of



AT A LOSS? Hoppy Hoffman, who owns a store that sells Arkansas State apparel, came up with a new promotion this season: 1 percent off after each home football game for every point the Red Wolves win by. Then, Arkansas State won its home opener 83-10 on Saturday. Whoops.

Sports

Reggie Bush of Old Shines in Week 1

Saints running back looks like a star after a tough season in '07

NFL | For all the screaming fans wearing No. 25 jerseys, few folks in the Louisiana Superdome seemed happier than Saints coach Sean Payton as Reggie Bush broke for a highlight-reel score.

Bush burst into the open field with a short pass before juking, stiff-arming and diving his way into the end zone. Wearing a black windbreaker, visor and headset, Payton skipped along the sideline, pumping his fist as he watched the first player he ever drafted finish off a 42-yard catch and run that lifted New Orleans to a season-opening 24-20 triumph over Tampa Bay.

"He was a big difference in this game. As the game wore on, he became too much for them to handle. When you watch the tape, it was evident," Payton said Monday. "He just looked fast. He looked faster than everyone else on the field."

Bush's touchdown Sunday was the kind of play for which he became known in college at Southern Cal.



 $Reggie\,Bush, right, blows\,past\,Bucs\,LB\,Derrick\,Brooks\,during\,Sunday's\,24-20\,win.$

Plays like that won him the Heisman Trophy. Visions of his doing the same thing in black and gold is what sent fans in New Orleans into

delirium when the Saints drafted him second overall in the spring of 2006.

"Right, that's me. That's what

everybody expects. Every game, they want to see that," Bush said. "I would love to see that, too, every game, but I know it may not come every game."

After a promising rookie year, Bush labored through a frustrating 2007, when he failed to muster one gain longer than 25 yards in 12 games before a knee injury sidelined him.

Given the hype with which he entered the league, his growing worldwide fame, his slew of national endorsement deals and the way the Saints made him one of the faces of their franchise, Bush had to do better.

In the first game of 2008, he did, finishing with 112 yards receiving and 51 yards rushing. On the winning drive, he turned a short pass over the middle into a 29-yard gain, then scored his touchdown on a swing pass three plays later. In one series, he had eclipsed his longest gain of 2007 — twice.

"I saw the highlights," Bush said.
"It was great to have made that play in such a clutch situation, and, hopefully, there's more to come."

The Saints are counting on it.

Lance Armstrong won seven Tour de France titles after surviving cancer.

Armstrong Will Return To Cycling

7-time Tour de France winner will try for his 8th victory in 2009

CYCLING | Lance Armstrong is getting back on his bike, determined to win an eighth Tour de France.

Armstrong's return from cancer to win the Tour a record seven consecutive times made him a hero to cancer patients worldwide and elevated cycling to an unprecedented level in America.

The 36-year-old Armstrong told Vanity Fair in an exclusive interview posted on its Web site Tuesday that he was inspired to return after finishing second last month in the Leadville 100, a lung-searing 100-mile mountain bike race through the Colorado Rockies.

"This kind of obscure bike race totally kick-started my engine," he said. "I'm going to try and win an eighth Tour de France."

The sport and particularly the Tour have missed his star power, even though skeptics refused to believe he could win seven Tours without the help of illegal performance-enhancing drugs.

The 2009 Tour "is the intention," Armstrong's spokesman Mark Higgins told The Associated Press, "but we've got some homework to do over there."

In a video statement on his foundation's Web site, Armstrong said details — such as a team and schedule — will be announced Sept. 24 at the Clinton Global Initiative in New York City. JIM VERTUNG (AP)

Offense's Stars Come to QB's Defense

Redskins say there's a lot not working in the team's new offense

REDSKINS | Although quarterback Jason Campbell is under the microscope as the Redskins continue their transition to coach Jim Zorn's version of the West Coast offense, all of the team's top offensive players must raise their level of play for the new scheme to work, several of Campbell's teammates said.

"It's not just about J.C.," wide receiver Santana Moss said. "J.C. has to do his job, but we've all got jobs to do."

The Redskins produced 209 yards of total offense and converted three of 13 third-down chances in last week's 16-7 season-opening loss to the New York Giants at Giants Stadium.



Jason Campbell helped the Redskins convert on just three of 13 chances on third down.

Campbell completed 15 of 27 passes for 133 yards with one touchdown. He had an 81.2 passer rating.

In the locker room after the game, Moss and Campbell spoke about what went wrong, "but I

don't think [Campbell] should be the only person I said something to," Moss said. "Yeah, I said something to him, but I didn't say nothing to him almost as if he did something wrong, or he didn't do something right.

"I just told him it's a long season and that game is behind us now. We've got a lot to look at and a lot to build from."

The blocking schemes also are different this season, putting more pressure on Campbell, so patience is needed now, players said.

"It's a whole lot different for Jason," Pro Bowl left tackle Chris Samuels said. "Last year, we would make all of the [blocking calls] and pretty much make the adjustments against different blitzes. Now, Jason has to make a lot of those calls.

"It's got to be tough. It's hard enough knowing the things that I've got to know. With Jason, he has to know a ton more, so it has to be hard." Jason Reid (THE WASHINGTON POST)

The right man: Thomas Boswell examines whether Campbell is the right man for the job | Today's Post, Sports



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Sports

Buckeyes' Beanie To Return vs. USC

OSU running back ran well in practice, says he's ready to play

COLLEGE FOOTBALL | Ohio State will have its Beanie back for Southern California. Buckeyes tailback Chris "Beanie" Wells has been given the OK to play in the showdown at No. 1 USC on Saturday night.

Wells, who rushed for 1,609 yards and 15 touchdowns a year ago, went down with a foot injury in the second half of the fifth-ranked Buckeyes' opener against Youngstown State and did not suit up when Ohio State struggled to beat Ohio University 26-14 last week. But coach Jim Tressel said Tuesday that Wells would definitely play against USC.

"You know, Beanie ran well yesterday," Tressel said. "In fact, he ran better than I thought he might."

The next test for the 6-foot-1, 237-pound Wells is how he feels after going through his first workouts in 10 days.

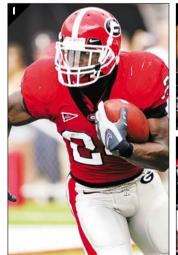
The big thing is Tuesday and Wednesday work and will that create soreness," Tressel said. "Not only was he running well, then they [trainers] put him on the bike and wore him out, so they're trying to do all the things. He's been in the underwater treadmill and anything we can do, we're doing."

Wells would seem to be a weapon the Buckeyes (2-0) cannot do without against the fearsome Trojans (1-0).

Last year Wells averaged 124 rushing yards on 21 carries per game. Dan Herron (12 carries, 50 vards), Maurice Wells (9 for 48) and Brandon Saine (5 for 15) combined for 113 vards on 26 carries against Ohio, which led 14-6 midway through the third quarter and 14-12 heading into the fourth.

Tressel said Wells told him, "Tm ready to carry 45 times on Saturday." RUSTY MILLER (AP)

HEISMAN HOPEFULS | COLLEGE GRIDIRON GREATS









Georgia RB Knowshon Moreno has looked like a serious contender in the first two weeks, rushing for three touchdowns each week and a total of 227 yards. The real test will come when he starts playing SEC schools. 2. Florida QB Tim Tebow, last year's Heisman winner, hasn't done anything to hurt his chances. He has thrown for 353 yards and three scores so far this year. 3. QB Chase Daniel from Missouri has numbers that outshine Tebow's: 568 passing yards and six touchdowns. 4. We're going to continue to put Texas Tech sophomore WR Michael Crabtree on the list because he puts up ridiculous numbers. So far, they're off last year's pace, but he still has 231 receiving yards and two TDs. 5. Oklahoma QB Sam Bradford has been a surprise, throwing for 578 yards and seven TDs. (EXPRESS)

Sports

Young **Worries Titans**

Agent says there is no cause for concern about 'emotionally down' QB

NFL | Vince Young is awaiting results of an MRI exam on his sprained left knee Tuesday, hours after the Tennessee Titans sought police help in finding the quarterback the team described as "emotionally down."

Young's agent said Tuesday afternoon there was no need for concern because the quarterback was at a friend's house watching football and eating chicken wings.

"When people were worried about him, I was on the phone talking to him," agent Major Adams said. "I didn't know there was any

confusion about where he was."



Young

Young left his home around 7 p.m. Monday without a phone, prompting the Titans to call Nashville police

for help. The team got a message to Young through a friend, and the quarterback met with coach Jeff Fisher and police at team headquarters around 11:30 p.m. Police spokesman Don Aaron said Young drove himself home 30 minutes later.

Young hurt his knee late in Sunday's 17-10 win over Jacksonville and was booed heavily by fans.

"Given the totality of the circumstances, the fact that Young had been emotionally down all day, coach Fisher contacted the police department and asked for help in finding him to check on his emotional well-being," Aaron said.

"Ultimately, it appears the initial concerns about his emotional state were unfounded. But no one actually knew that until he was spoken to face to face." TERESA M. WALKER (AP)

No rush: The Patriots will use just two QBs this week. Get all your NFL news at | washingtonpost.com/theleague Warning—FREE CD (\$39 value) reveals shocking secrets about getting a mortgage that mortgage brokers pray you'd never find out...Don't even think of shopping for a new mortgage or (refinancing) without first listening to this FREE, jaw-dropping CD! Mont. Co, MD—If you think you need to refinance, make sure you don't make one of the most common consumer mistakes by choosing the wrong mortgage broker. Did you know that some mortgage brokers would steer you towards a mortgage product that would make them the most commission instead of doing what's best for you? This eye opening FREE CD (\$39 value) reveals the questions you should ask any mortgage broker so that you don't get ripped off! To get your copy of this FREE CD (\$39 value), call our toll free, 24/7, prerecorded request hotline today at 1 800 515 0878 x 111 and we'll send it right out to you. Don't be a victim! Offer expires midnight, September 10, 2008.

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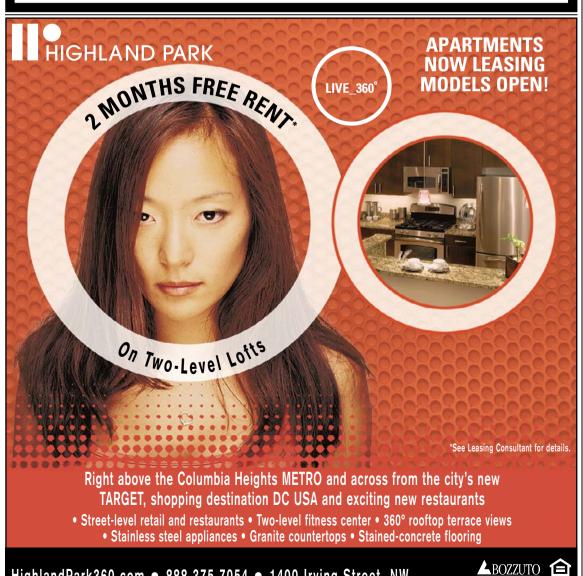
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Sports

Rockies Hoping For an '07 Encore

Colorado players say they can duplicate last season's historic run

BASEBALL | The Rockies have spent just two days over .500 all season, and here they are talking as if they have a chance at the playoffs.

"Why not?" Jeff Baker said, harkening to last year's remarkable 21-1 run to the World Series and suggesting an encore is possible in the middling NL West.

"The mood is we are confident and that we've been here before," shortstop Troy Tulowitzki concurred. "Why not again?"

The Rockies, who haven't had a winning record since April 19, entered the final three-week stretch of the season just six games behind the first-place Dodgers despite being 10 games under .500.

That's exactly how far out they were out of first place last year at this time, and they were 6½ games off the lead when they began their remarkable run, which included a one-game tiebreaker win over San Diego for the NL wild card and playoff sweeps of Philadelphia and Arizona to reach their first World Series.



Rockies players celebrate after they beat the Phillies in the NLDS last year.

"Last year we did the same thing," Tulowitzki said. "We were in a similar situation, and once you've done something before, you definitely have confidence in your team and in yourself that you can do it again."

Manager Clint Hurdle hasn't bothered to mention last year's run to this year's team.

"I don't have to do that at all," he said. "We lived it." (AP)

Late game: An actual pennant race game, Red Sox vs. Rays, ended after Express' deadline. Get results | Today's Post

Wie Heads to Qualifying School

WOMEN'S GOLF | Unable to earn her card through sponsor exemptions, Michelle Wie has entered the LPGA Tour qualifying school and will play the first stage next week on the California course where she first rose to fame at age 13.

Her father, B.J. Wie, had said at

the U.S. Women's Open that Wie had "no other options" but Q-school if she didn't make enough money to finish the equivalent of 80th of the LPGA Tour money list.

"Nothing has changed since then," he said. "She will go to Q-school." (AP)

TODAY'S TV LINEUP

BASEBALL (7 P.M. ON ESPN) The Rays and Red Sox battle for the AL East lead with Josh Beckett pitching for Boston and Andy Sonnanstine on the mound

NATIONALS (7 P.M. ON MASN) Mike Pelfrey is on the mound for the Mets, who are trying to stay in the division lead by beating up the Nats.

BASEBALL (7 P.M. ON MASN2) The Orioles host the Indians in another meaningless game.

SOCCER (8 P.M. ON ESPN2) The men's national soccer team plays in a World Cup qualifier againstTrinidad andTobago in Bridgeview, III.



HOWL FUN? The Alligator River National Wildlife Refuge in eastern North Carolina is planning a free "Howl-O-Ween" safari the weekend before Halloween, in which participants howl in an effort to get the park's red wolves to howl back.

Travel

Finishing Touch Museum

Philadelphia's Please **Touch Museum takes** over a bigger space

MUSEUMS | Memorial Hall, one of the jewels of the Centennial Exposition of 1876 in Philadelphia, lost its luster many years ago.

Rain poured inside through the magnificent but neglected glass dome, soaking elaborate plasterwork and pooling on the marble floors where buckets failed to catch the water. The granite facade was damaged and covered with grime. The east gallery was turned into an indoor pool and basketball courts were installed. A police station with jail cells took up residence.

After decades of deterioration, the breathtaking beaux arts-style building is regaining its luster in anticipation of a new role as home of the popular Please Touch Museum.

"This extraordinary building has been through a lot over the years,



Flight Fantasy at the Please Touch Museum allows kids to power flying machines.

and to see it now, at this stage of the restoration, is mind-blowing," said Nancy Kolb, the museum's president and CEO, during a tour offering an early peek at the overhaul. Work is on schedule to be completed in time for a grand opening Oct. 18.

The Please Touch Museum founded in 1976 by educators, artists and parents, and housed since 1983 in a downtown converted warehouse — had been seeking a bigger space for years. It paid the city's Fairmount Park Commission the agreed-upon 80-year lease of \$1 in 2005.

The new museum boasts 38,000 square feet of new exhibits — more than triple the current space — and a parking lot for 280 cars. A glassand-steel addition will house a 100-year-old carousel with 52 elaborately hand-carved animals.

"We're taking it back to its original use as a museum," Kolb said. "A little noisier than most art galleries, but nevertheless a museum." JOANN LOVIGLIO (AP)

THANKSGIVING IN B.A.

The 8 Day Thanksgiving in Buenos Aires & Wine Country of Mendoza package features round-trip airfare between Miami and Buenos Aires, as well as a local roundtrip flight between Buenos Aires and Mendoza. Begin the journey in Argentina's capital, known to some locals as B.A., your home for the next three nights. Leaving Buenos Aires, you'll transfer to the airport (the transfer is included) to catch a two-hour flight to Mendoza, the capital of the province of the same name and the heart of Argentina's wine industry. WHEN: Depart on Oct. 30, Nov. 13, Nov. 27, 2008. Additional departure dates are available. **DETAILS**: Gateway is Miami, but you can go from New York for an extra \$89. Prices are based on double occupancy. CONTACT: Gate 1 Travel, 800-682-3333, Gate1travel.com. (BUDGET TRAVEL MAGAZINE)

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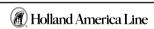


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Entertainment



TEENAGERS WONDER: 'WHO IS THIS GUY?' Students at Pennsylvania's North Penn High School got a lunch hour diversion Monday with acoustic performances, story telling and autographs from singer and alumnus John Oates.

A Mother's Memoir

Lynne Spears writes of her wishes and concerns for Britney

GO AWAY | The mother of Britney Spears says the singer has overcome the tabloid nightmares of the past few years and believes that little by little, her daughter is regaining her "glorious voice."

Lynne Spears writes of her famous child and her other celebrity daughter, Jamie Lynn, in "Through the Storm," to be published Sept. 16 by Thomas Nelson, a leading Christian publisher. The 211-page book tracks Britney Spears' life through her precocious early years through her explosive rise to her pill-addicted, near-tragic fall.

Lynne Spears describes young Britney as a confident, outgoing girl whose talents were so obvious that family friends would insist she would one day be on Broadway. Spears rejects the image that she pushed Britney into show business and writes that the singer was always focused on achievement.

In "Through the Storm," Lynne Spears presents herself as a loving, selfless (she gave up her job as a schoolteacher for her daughter's sake) but increasingly powerless parent. After the jolting, but pleasant surprise of Britney Spears'



Spears nabbed three MTV Video Music Awards on Sunday, including video of the year. "Wow, thank you, I'm in shock right now, I was not expecting this," she said.

debut smash, "... Baby One More Time," Lynne Spears says she felt she was losing control when a 1999 Rolling Stone magazine story featured a racy cover of the singer in panties and a bra.

Lynne Spears recalls feeling "shock and dismay" at seeing her daughter shave her head, at her brief marriages to childhood friend Jason Alexander and dancer-rapper Kevin Federline, and her highly publicized custody battles over her two children. She praises Federline as a "caring daddy" and says Britney Spears is "an amazing mother," but only when at her best.

The bottom came in the past two years with Britney Spears' increasingly disturbing public behavior and her drugged private life in her Malibu, Calif., house. Lynne Spears writes that she was distraught as then-manager Sam Lufti told her he was grinding pills and putting them in Britney's food, hoping to induce a coma that would enable doctors to cure her of all addictions.

Britney Spears was hospitalized twice this year, the second time in February, when paramedics took her to the psychiatric ward of the UCLA Medical Center, where, her mother says, she finally received the care she needed. It was, Lynne Spears writes, a "turning point" for the entire family. HILLEL ITALIE (AP)



JUST CURIOUS: Does Shawn get a neck cramp from wearing her medals?

Flipping Out With Pop Tunes

Gymnastics greats team up with young singers for a tour

SPECTACLE | Bringing home gold and silver from Beijing has certainly earned Shawn Johnson a rest, but this 16-year-old's not quite ready. Rather than returning to her Iowa high school for her junior year, Shawn is taking the semester off to barnstorm the country with fellow U.S. gymnastics greats and hot young singers from Disney, including Jordan Pruitt and KSM.

The "Tour of Gymnastics Superstars" kicked off Sunday in Reno, Nev., with Shawn looking forward to performing without the Olympic-style stress.

"It's not so serious," she said.
"We're still working out and staying in shape and working on our skills but we're able to just do it without so much focus and stuff."

The 37-city tour, with an Oct. 30 stop at D.C.'s Verizon Center, is part elite athletics, part dazzle, complete with a Chinese dragon and group routines by Johnson and fellow medalists Nastia Liukin, Chellsie Memmel and Jonathan Horton. The Hamm twins, Morgan and Paul, both of whom had to sit out the Olympics due to injuries, will also perform. Leanne ITALIE (AP)



Round specs are essential for conveying the "I'm-a-smart-director" vibe.

Spike's Talent Search

Director hosts a film fest online to find new indie filmmakers

WEBBY | Film director Spike Lee is again on the prowl for new film-making talent in his second year heading the jury of the Babelgum Online Film Festival.

No red carpets and no cinemas. Babelgum — an Internet company that streams videos online for free — has made the Internet its festival venue. Independent filmmakers upload their entries onto Babelgum's platform, and audiences vote for their favorites.

Last year's inaugural edition of the festival received 1,000 entries from 86 countries, according to Babelgum. More than 1.5 million viewers voted to select the final cut for the jury.

"The results from the first Babelgum Online Film Festival proved that audiences from all over the world are eager for new content, and that independent filmmakers are excited to have found a new place to showcase their work," Lee said in a statement Tuesday, adding that the festival "has the potential to reach more audiences than any other festival in the world because of the Internet's global reach."

Last year's short film award winner, 39-year-old Richard Recco, has since received half the financing he needs to turn his directorial debut into a feature-length film, Babelgum said. COLLEEN BARRY (AP)



Sorry, Britney and Usher: Hilson will save her best pop songs for herself.

Trading In the Pen For a Mic

Hot songwriter Keri Hilson is releasing her own debut album

RISING | Keri Hilson is already a successful songwriter. Her enviable list of credits includes songs for Britney Spears ("Gimme More") and Usher ("Love in This Club").

After a setup many new artists would give their eye teeth for — including writing and having a featured singing role on the Timbaland hit "The Way I Are" — Hilson's dream is finally coming true. Her debut, "In a Perfect World," bows Oct. 14.

Hilson realizes industry watchers may be quick to place her in the trendy songwriter-turned-artist ranks, joining a roster that includes Ne-Yo, Terius "the-Dream" Nash and Sean Garrett. However, Hilson says she knows what was on her plate first. And she wasn't going to take no for an answer.

"I knew what my plan A was, but it just so happened that I was blessed with a plan B that brought me to it," the artist says.

In addition to production by Timbaland and Polow Da Don, "In a Perfect World" features work by the Runaways, who produced lead single "Energy." Its accompanying boxing motif video, directed by Melina, has received more than 1.5 million hits on YouTube. An artist-to-watch feature is slated for Rolling Stone. Gail MITCHELL (BILLBOARD)

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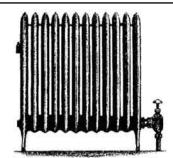
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SPACE STATION 3D (NR-NOT RATED) 1:00. 4:00

DIGITAL 3D

FLY ME TO THE MOON 3-D (G) 2:15, 7:05 JOURNEY TO THE CENTER OF THE EARTH (PG) 4:40, 9:20

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BARKOKO BANEEROUS (R) 1:15, 2:20, 4:00, 5:00, 7:00, 8:00, 9:40
BARTON A.D. (PG13) 1:30, 4:10, 7:15, 9:45
COLLEGE (R) 7:10, 2:30, 7:10, 7:10, 9:15
THARTON (PG13) 1:25, 4:30, 7:20, 9:15
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THE HOUSE BUHNY (PG13) 2:30, 5:05, 7:45, 10:10
THE LONGSHOTE (PG) 2:00, 4:30, 7:20, 9:20, 9:50
STAN WARS: THE CUNNE WARS (PG) 2:10, 4:45
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TROPIC THUNDER (R) 1:25, 3:00, 4:35, 6:10, 7:10, 9:00, 9:40
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THE SISTERMOOD OF THE TRANCHING PANTS 2 (PG13) 1:10, 4:10
THE MUNMY: TOMB OF THE DRAGON EMPEROR (PG13) 2:55, 5:35, 8:25
STEP BROTHERS (R) 1:05, 1:20, 4:10, 7:10, 9:00 TEP BROTHERS (R) 1:05, 6:20 HE DARK KNIGHT (PG13) 1:35, 4:55, 6:15, 8:20, 9:30 IAMMA MIA! (PG13) 1:50, 4:25, 7:05, 9:55 IALL-E (G) 1:15, 3:40

ICKY CRISTINA BARCELONA (PG13) 2:45, 5:15, 7:40, 10:00
AMLET 2 (R) 3:45, 9:05

AMC COLUMBIA MALL 14

THE IMAX EXPERIENCE KUNG FU PANDA: THE IMAX EXPERIENCE (PG) 2:20.

6PACE STATION 3D (NR-NOT RATED) 12:40 PM

DIGITAL PRESENTATION BABYLON A.D. (PG13) 12:30, 2:50, 5:15, 7:45, 10:05

BANGKOK DANGEROUS (B. 1:40, 4:15, 7:00, 9:30 COLLEGE (B. 8:00, 10:25 DISASTER MOWIE (PG13) 1:20, 3:40, 6:00, 8:20, 10:40 TRAITOR (PG13) 1:50, 4:30, 7:50, 10:10 DEATH RACE (R) 2:15, 5:00, 7:50, 10:15 THE HOUSE BUINN (PG13) 1:00, 3:20, 5:50, 8:15, 10:45 MIRRORS (B) 8:05, 10:50

THE HOUSE BUMNY (PG 13) 1:00, 3:20, 5:50, 8:15, 10:45
MIRRORS (R) 8:50, 15:50
STAR WARS: THE CLONE WARS (PG) 1:245, 5:10, 5:40
TROPIC THUNDER (R) 2:00, 4:40, 7:20, 9:55
PINEAPPLE EXPRESS (R) 1:45, 4:35, 7:15, 5:50
THE SISTERHOOD OF THE TRAVELING PANTS 2 (PG 13) 2:25, 7:40
THE DARK KNIGHT (PG 13) □ □ □ 1:30, 5:50, 9:00
MAMMA MAIL (PG 13) 2:20, 5:10, 7:55, 10:30
JOURNEY TO THE CENTER OF THE EARTH (PG) 2:10, 4:50

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HAMLET 2 (R) 5:20, 10:20

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DIGITAL PRESENTATION ABYLON A.D. (PG13) 2:00, 4:30, 6:50, 9:15 BABYLON A.D. (1913) 2:00, 4:30, 19:0, 19:15
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HE DARK KNIGHT (PG13) 3:30, 6:40, 10:00

IAMMA MIA! SING A LONG (PG13) 1:50, 4:45, 7:40, 10:20

AMC SELECT

CKY CRISTINA BARCELORIA (PG13) 3:00, 5:25, 8:00, 10:25

AMLET 2 (R) 1:15, 3:20, 5:40, 8:15, 10:30

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6:40, 9:05 SPACE STATION 3D (NR-NOT RATED) 3:20, 5:05

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DEATH RACE (R) 220, 3:15, 7:45, 10:15
THE LOUSENOTS (PG) 1:25, 4:00, 6:30, 9:00
MIRRORS (R) 226, 4:45, 7:25, 10:05
STAR WARS: THE CLONE WARS (PG) 2:15, 4:50, 7:20
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STEP BROTHERS (R) 7:30, 10:00
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MAMMA MIA! SING A LONG (PG13) 1:15, 4:05, 6:45, 9:20
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BANGKOK DANGEROUS (R)
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SEX AND THE CUTY (R) 4:30, 7:50

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ANGKOK DANGEROUS (R) 1:20, 4:20, 7:20, 9:50 ABYLON A.D. (PG13) 12:25, 2:45, 5:15, 7:45, 10:05 BAYLON A.D. (PG13) 62 12:25, 2:45, 5:15, 7:45, 10:05 DLLEGE (R) 3:30, 8:00 DOLLEGE (R) 3-30, 8:00
DISASTER MOVIE (PB13) 12:20, 2:50, 5:20, 7:50, 10:15
IRANTON (P613) 1:30, 4:30, 7:30, 10:00
DEATH RADE (R) 12:2, 2:57, 7:25, 5:35
HE LOMSSHOTS (P6) 12:10, 2:40, 5:10, 7:40, 10:10
HIRRORS (R) 10:5, 4:5, 7:50, 5:35
STAR WARS: THE CLONE WARS (P6) 12:15, 2:35, 5:30 OPIC THUNDER (R) 1:15, 4:15, 7:15, 9:45 E MUMMY: TOMB OF THE DRAGON EMPEROR (PG13) 1:10, 4:10, 7:10

:10 TEP BROTHERS (R) 7:30, 9:50 IE DARK KNIGHT (PG13) 12:05, 3:20, 6:35, 9:45 INCOCK (PG13) 12:50, 5:45, 10:15

LOEWS SHIRLINGTON 7

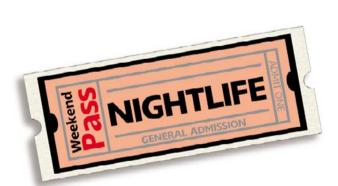
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VICKY CRISTINA BARCELONA (PG13) 1:50, 4:10, 7:00
BOTTLE SHOCK (PG13) 1:40, 4:20, 7:00
BRIDESHEAD REVISITED (PG13) 1:45, 4:30, 7:20 BRIDESHEAD REVISION SELECTION 1:30, 4:10, 7:10

PRANCSIRERIAN (R) 2:20, 5:00, 7:40

LOEWS UPTOWN 1

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AMC TYSONS CORNER 16

DIGITAL 3D

JOURNEY TO THE CENTER OF THE EARTH (PG) 1:20,

DIGITAL PRESENTATION

STEP BROTHERS (R) 10:30 PM

BANGKOK DANGEROUS (R) \(\sigma \) 12:50, 3:15, 5:40, 8:05, 10:25
BABYLON A.D. (PG13) 1:10, 3:25, 5:40, 7:55, 10:15
COLLEGE (R) 5:55, 8:25, 10:45
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TRAITOR (PG13) 1:50, 4:30, 7:25, 10:00
DEATH RACE (R) 1:55, 4:40, 7:30, 1:005
THE HOUSE BUNNY (PG13) 1:00, 3:20, 5:45, 8:20, 10:45
STAR WARS: THE CLOHE WARS (P6) 12:55, 3:15, 5:35, 8:00, 10:20
STAR WARS: THE CLOHE WARS (P6) E23 12:55, 3:15, 5:35, 8:00, 10:20
TROPIC THUNDER (R) 1:35, 4:10, 7:00, 9:35
PINEAPPLE EXPRESS (R) 1:40, 4:20, 7:15, 9:50
THE SISTERMODO OF THE TRAVELING PARTS 2 (PG13) 1:30, 7:10
THE MUMMY: TOMB OF THE DRAGON EMPEROR (PG13) 4:15, 9:55
THE DARK KINGHT (PG13) 1:25, 0:45, 7:20, 10:40
MAMMA MIAI SING A LONG (PG13) 1:45, 4:25, 7:05, 9:45
WALL-E (G) 1:55, 3:35

VICKY CRISTINA BARCELONA (PG13) 1:05, 3:30, 5:50, 8:10, 10:35
HAMLET 2 (R) 2:00, 4:35, 7:00, 9:25

AMC MAZZA GALLERIE

Jenifer and Wiscor 202-537-9553

BANGKOK DANGEROUS (R) ✓ 2:00, 4:30, 7:00 BABYLON A.D. (PG13) 2:50, 5:00, 7:20 COLLEGE (R) 2:30, 4:50, 7:15
DISASTER MOVIE (PG13) 2:15, 4:20
TROPIC THUNDER (R) 2:20, 5:10, 7:40
THE DARK KNIGHT (PG13) 3:20, 6:50
MAMMA MIA! (PG13) 2:10, 4:40, 7:30

LOEWS RIO CINEMAS 18

DIGITAL 3D

JOURNEY TO THE CENTER OF THE EARTH (PG) 1:55.

4:30, 7:00, 9:20

BANGKOK DANGEROUS (R) ✓ 2:40, 5:10, 7:45, 10:15
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COLLEGE (R) 5:50, 8:25, 10:55

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TRAITOR (PG13) 2:45, 5:20, 7:50, 10:45

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THE HOUSE BUNNY (PG13) 12:40, 3:00, 5:35, 8:10, 10:40

THE LONGSHOTS (PG) 1:05, 3:20, 5:40, 8:00, 10:25

STAR WARS: THE CLONE WARS (PG) 2:20, 5:00, 7:20, 9:45

TROPIC THUNDER (R) 2:30, 5:05, 7:40, 10:35

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THE DARK KNIGHT (PG13) 12:45, 4:00, 7:15, 10:40
MAMMA MIA! SING A LONG (PG13) 1:40, 4:45, 7:30, 10:00

VICKY CRISTINA BARCELONA (PG13) 2:35, 4:55, 7:35, 9:55
HAMLET 2 (R) 1:10, 3:35, 5:55, 8:15, 10:30 WALL-E (G) 12:55, 3:30

LOEWS WHITE FLINT 5

North Bethesda 1-800-FANDANGO #741

BANGKOK DANGEROUS (R) 2:10, 4:35, 7:30
TRAITOR (PG13) 2:15, 4:50, 7:35
THE DARK KNIGHT (PG13) 2:30, 6:45
MAMMA MIAI (PG13) 2:00, 7:15

WICKY CRISTINA BARCELONA (PG13) 2:05, 4:45, 7:20

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Entertainment



Crew member Brad Burgoon assembles sections of the wheel on the ocean-side outdoor set of the TV game show "Wheel of Fortune" in Hawaii on Monday.

It's Hawaii's Good Fortune

Pat Sajak and Vanna White will take a few spins on the Big Island

SHOWING OFF | The stage is almost set to start spinning the "Wheel of Fortune" on the Big Island, and local officials are viewing it more as a tourist draw than a game show.

The popular TV quiz show will tape 20 episodes on an outdoor set at the Hilton Waikoloa Village to be broadcast nationally in November and February.

"You can't really buy advertising like this," said George Applegate, executive director of the Hawaii Visitors Bureau. "It's a very popular show and at a time when it's not as great as usual, we're excited for the exposure on national television. It will help us define ourselves as the Big Island."

The show, which has filmed once before on the Big Island and twice on Oahu features longtime hosts Pat Sajak and Vanna White, and the famous wheel.

The show brought with it about 200 staff and crew members, and

another 200 have been hired in Hawaii to create the ocean-side set, provide security and support the production.

Construction on the set began more than a week ago, after the arrival of 37 40-foot containers, 10 53-foot trailers, 1.8 million pounds of equipment and six miles of cable. The total cost of the production is estimated at \$5 million.

By lunchtime Monday, towering scaffolding held rows of lights, and bleachers that will seat 1,000 were in place. Palm frond huts, palm trees and plumeria bushes were being wheeled into place, and the puzzle board was set up.

The show's centerpiece — the 8-foot, 4,000-pound wheel — was carefully being pieced together section by section.

Taping begins Friday and continues until Tuesday.

"It's a pretty big deal. It never gets old," said executive producer Harry Friedman. "We're really excited." The Hawaii shows will be broadcast for three weeks in November. KARIN STANTON (AP)



JENNY FROM THE BLOCK: Singer-turned-actress-turned-fashion icon Jennifer Lopez will reportedly serve as a guest judge for the finale of "Project Runway's" current season. Bravo won't confirm it, but if "Us Weekly" says so, it must be true.

Television

ON TV TONIGHT

Natalie Portman stars in the paranoid 2006 thriller v FOR VENDETTA (7 p.m., FX).

'NEXT TOP SOMETHING,' ANYWAY Tyra Banks hosts AMERICA'S NEXT TOP MODEL (8 p.m., CW).

SPECIAL GIFTS

The documentary THE HUMAN CAMERA (9 p.m., BBC America) profiles Stephen Wiltshire, As a child, he was diagnosed with autism, but he's become one of Britain's most celebrated and prolific artists.

WHAT'S YOUR SIGN?

Contestants compete with astroloav-theme outfits on PROJECT RUNWAY (9 p.m., Brayo).

A FIGHT TO THE DEATH

The 16th season of REAL WORLD/ROAD RULES CHALLENGE (10 p.m., MTV) opens in Panama

ANARCHY IS AWESOME

Jax frets about his infant son and



HE'S A WILD ONE: Charlie Hunnam as rebellious Jax on "Sons of Anarchy."

questions the direction and motivation of the gang on SONS OF ANARCHY (10 p.m., FX).

SHIRTLESS? SHIRTLESS!

Jay Leno hosts Matthew McConaughey, T. Boone Pickens and Al Green on THE TONIGHT SHOW (11:35 p.m., NBC), KEVIN MCDONOLIGH (LINITED FEATURE SYNDICATE)

Do Not Disturb. No, Really.

Fox's series about a **New York City hotel** isn't worth watching

WARNING | Here's a quick tip: Do not watch "Do Not Disturb" (9:30 p.m., Fox). This sitcom appears dead on arrival. Brain-dead, at least.

Niecy Nash, who brings a sassy if predictable energy to the Style Network series "Clean House," stars here as the manager of a New York hotel staffed by a group of stereotypes with overactive libidos and a need to share their vapid thoughts in obvious and easily anticipated punch lines.

The action begins with a vulgar contrivance and goes downhill from there. A former employee has written an article for a local magazine alleging that he had a wild



BUT NOT GOOD DIALOGUE: Niecy Nash brings the sass to "Do Not Disturb."

affair with a manager of the hotel This sparks a guessing game that forces manager Rhonda (Nash) to conduct an awkward seminar on sexual propriety in the workplace. This, in turn, leads to a Niagara Falls of bad one-liners from the staff, including the player, Neal (Jerry O'Connell); Larry (Jesse Tyler Ferguson), the nerdy gay guy with glasses; the dumb blonde model wannabe, Nicole (Molly Stanton); and Molly (Jolene Purdy), the fat girl with secrets.

None of the actors seems challenged by, or terribly comfortable with, these paper-thin roles, but O'Connell appears to be the most wasted actor here and would be most liberated by the quick and painless demise of this dreadful enterprise. KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)



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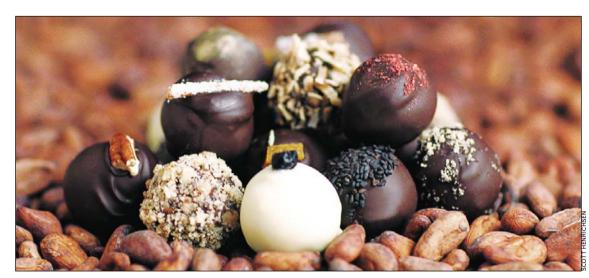
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BITE-SIZING: Find out how to melt and mold chocolate truffles with classes at ACKC. After that, all that's left is the eating part.

Your Chocolate Factory

Fancy some truffles? Learn to make 'em at a local shop's classes

TREATS | To someone who has never made chocolate candies, truffles seem impossible. Their silky sheen, their unbroken exterior, the rich, intense flavors that invariably burst forth when you finally take that first, delicious bite — they're like alien berries, too perfect to have sprung from the hand of man.

But they have. And there are men (and women, of course) willing to teach you the dark secrets of chocolate. All you need is patience and \$25. ACKC Chocolates on 14th Street offers periodic chocolatemaking classes that can make you an initiate into the truffle fraternity.

Your teacher is Rob Kingsbury, who breaks the complicated process of truffle-making into bitesized chunks, asking participants to microwave one ingredient or stir another. Nothing is intimidating, not even his explanations of the chemistry of chocolate. Everything READ MORE about Fiona Zublin's trufflemaking experience at expressnightout.com

is elementary, which might explain why the members of the class I took seemed to revert to childhood, molding the chocolate ganache like Play-Doh in a sandbox filled with cocoa powder.

Kingsbury comes prepared with several recipes that the class works together to prepare. You make ganache (the inside of the truffle) in several flavors, then roll it into balls and dip those in melted chocolate. You'll bring home several truffles of each flavor — a fringe benefit for whomever you bring them home to.

Believe it or not, it's absolutely possible to make truffles at home with a microwave and an electric mixer. It requires more vigilance, perhaps, to be sure that the chocolate stays at the correct temperature, so it's not something you'll want to do after a long workday. But you'll never lack friends if you can make your own truffles.

The next class with open slots is Nov. 4 at 6:30 p.m. FIONA ZUBLIN (EXPRESS)

→ ACKC Cocoa Gallery, 1529C 14th St. NW; 202-387-2626. (U St.-Cardozo)

His Wondrous Life

Junot Diaz writes what he knows.

"The Brief Wondrous Life of Oscar

Wao" tells the story of a Dominican

immigrant who discovers his nerdy

love for books, fusing English and

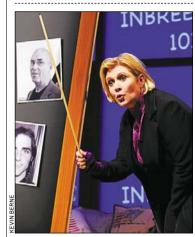
his home culture with that of New

Spanish the way he's expected to fuse

Jersey. After emigrating from

the Dominican Republic,

thescene



Carrie Fisher tells her life story in "Wishful Drinking" at Lincoln Theatre.

THURSDAY

7672. (Metro Center)

DC Shorts Film Festival: A weeklong celebration of mini-movies. Landmark's E Street Cinema, 555 IIth St. NW: through Sent 18 free-\$12: 202-452-

One Planet - Ours: Take advantage of the last gasp of summer weather and explore this exhibit about sustainability, U.S. Botanic Garden, 100 Maryland Ave. SW; daily through Oct. I3, free; 202-225-8333. (Smithsonian)

Billy Cobham: Jazz fusion drummer who rose to fame while playing with Miles Davis. Blues Alley, 1073 Wisconsin Ave. NW; 8 p.m. and IO p.m. through Sept. 14, \$43; 202-337-4141.

FRIDAY

Black Cat 15th Anniversary Party:

Punk band Gray Matter helps the Cat celebrate its birthday. Black Cat. 1811 14th St. NW; 9 p.m., \$10; 202-667-7960. (U St.-Cardozo)

Eilen Jewell: Folk music with punch. lota, 2832 Wilson Blvd., Arlington; 9:30 p.m., \$12: 703-522-8340. (Clarendon)

Wishful Drinking: "Star Wars" star Carrie Fisher retells the story of her tumultuous life in Hollywood. Lincoln Theatre, 1215 U St. NW; 8 p.m., \$69-\$74; 202-484-0247. (U St.-Cardozo)

SATURDAY

Cheech and Chong: Famed stoner duo, together again. Warner Theatre, I3th and E streets NW; 7 p.m. and IO p.m., \$39.50-\$59.50; 202-397-7328. (Metro Center)

Explore our searchable list of the area's events, venues, restaurants and movies at expressnightout.com/thescene.

topstops



In Theory, She **Still Grooves**

Singer Amel Larrieux became famous as half of Groove Theory, but she's struck out on her own, relying on her preternaturally beautiful voice. The music is R&B, but with a confessional quality reminiscent of Joni Mitchell's "Blue." F.7

→ Birchmere Music Hall, 3701 Mt. Vernon Ave., Alexandria; 7:30 p.m., \$35; 703-549-7500

A Campaign of Chuckles

Mike Huckabee never really had a chance in the presidential primaries. But maybe that was just a warm-up. Tonight, he'll compete in the Funniest Celebrity in Washington Contest at the Improv. I mean, really, which carries more glory; being the funniest celebrity in Washington or shaking hands and kissing babies on the campaign trail? I think we all know where Mike Huckabee would rather be. F.Z

→ The Improv, 1140 Connecticut Ave. NW; 7 p.m., \$200; 202-296-7008. (Farragut North)



Diaz himself developed a love for reading and found his own inner nerd. Whether the book is explicitly about Diaz's life or not, it won him a Pulitzer Prize. He'll be speaking

at Politics & Prose tonight. F.Z. → Politics & Prose Bookstore, 5015 Connecticut Ave. NW; 7 p.m., free; 202-

364-1919. (Van Ness)

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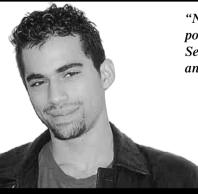
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* TRENDS, CULTURE, DISCOVERIES, IDEAS, PEOPLE

NSIDE

Oasis singer attacked by fan | 38



Blog Log: Marion Barry has to go 36

Discussions: Advice about garden care **36**

Matchmaking

Zoos use Web-based services to pair up animals for breeding

Attention, amorous guys: Killarney's an Australian cutie, but woo her with care.

The feisty gal once swatted at a beau who got a little close and gave another poor fellow the cold shoulder during their introduction.

Undaunted, Killarney's friends keep updating her online profile in the hope of finding Mr. Right for her. Like many of her contemporaries, the koala might find her dream date waiting somewhere in the files of a computerized matchmaking service, theorize keepers at the Riverbanks Zoo in Columbia, S.C.

Just like the digital dating services that pair up people, so-called studbooks are used to match most animals held in captivity. The databases containing information on sex, age and weight — not so much about favorite comfort foods or long walks on the beach — are used by more than 200 zoos nationally and some internationally. They're practically taking the place of Mother Nature in the not-so-wild world of

captive animal breeding.

Now, new software is going to the Web, promising more easily accessible data, faster matches and — in a page out of the most particular of human dating sites — details on an animal's personality to ease what can be a testy process.

Zoos won't be required to document the turn-ons and turn-offs of each animal in Zoological Information Management Systems, a collaboration among about 150 zoos and aquariums that's a year or two away from wide distribution.



FUTURE STUD: An African lion cub growls at the camera at a zoo in Columbia, S.C.

putting giant pandas in the mood by showing them images of other pandas mating.

Around since the 1980s in paperback form, most of today's studbooks are in computerized databases. Basic information such as family tree, medical history, age and weight are entered by studbook keepers, and are then sent to a central location where the data is analyzed and converted into a "master plan" for breeding.

But the databases have their limitations. They aren't updated quickly and don't include the extra information from husbandry manuals on setting the scene for breeding.

So, zookeepers who rely on the databases might not know, for

Wild World of Online Dating



Killarney — a koala at the Riverbanks Zoo in Columbia, S.C. — is seeking Mr. Right.

At the very least, though, the software will give zookeepers better access to species-level details currently found only in zoo husbandry manuals that now are mostly e-mailed, said Bob Wiese, director of collections for the Zoological Society of San Diego.

While there's no candlelight or Marvin Gaye being played in the back rooms of zoos, there are endless tricks used to get the animals in the mood, said Wiese, widely considered the authority on ZIMS. In China, for instance, breeding experts have claimed success at instance, that satanic leaf-tailed geckos like group sex or that expectant gecko moms should eat snails.

That could mean the difference between a sustainable population and extinction of a species, said Ed Diebold, director of animal collections at Riverbanks Zoo, one of the only zoos to successfully breed several species of geckos.

In captivity, "you can't afford to allow animals to inbreed or breed along closely related lines," Diebold said. "That's why you have the studbooks." KATRINA A. GOGGINS (AP)







nightout

>> EXPRESSNIGHTOUT.COM

Southwestern Sounds

Calexico drummer John Covertino has a philosophy when it comes to structuring records: "[It's] always about contrast—try to keep the listener interested." Contrast abounds on the Arizona folk-rock band's new album, "Carried to Dust," and Covertino gave Rudi Greenberg a track-by-track tour. | coming up



LIFE & STUFF

Dr. Google

In her search for a physician, Robyn Mincher narrowed down her choices to doctors whose names she liked ("Dr Beers mmmm heers") or ones that sounded like overly tolerant, nonjudgmental humans with more medical knowledge than anybody ever. And she did it all using Google. | COMING UP

TELEVISION

Pop-Up Video

Erectile dysfunction was once a hush-hush ailment that had no place on the airwaves. But now it seems that every other ad on television deals with what is apparently the greatest medical crisis of the day. Paul Vivari examines the TV ads for Cialis, Levitra and Viagra. | COMING UP



comment board



I think a skills test and a written exam should be a mandatory part of license renewal."

COMMENTER MILDLYMISANTHROPIC, WHO ADDED, "THERE ARE PLENTY OF ADULTS ON THE ROAD WHO HAVE NO IDEA WHAT THEY'RE DOING BEHIND THE WHEEL."



COMMENTER AMCSOLDIER, WHO ADDED, "I'VE GROWN OUT OF THE 'HOW MUCH AIR CAN I CATCH' PHASE' — AND THAT PHASE CAN BE

AVOIDED BY RAISING THE DRIVING AGE."

been given a license at that age."



"I believe that they should raise the age to start driving to 18 and learner's permit to 17. By doing this you can be sure that teenagers will take more time to learn to drive and will'

COMMENTER TIRRON, RESPONDING TO TUESDAY'S POLL CENTER QUES-TION, "SHOULD STATES RAISE THE DRIVING AGE, AS ONE AUTO SAFETY **GROUP IS SUGGESTING?**

policenter yesterday's results as of 5 p.m.

SHOULD STATES RAISE THE DRIVING AGE, AS ONE AUTO SAFETY GROUP IS SUGGESTING?

ES 67%

"John Mayer songs aside, I feel like the quarter-life crisis is a legitimate concern for myriad 20-somethings out there right now."

SECULARFRIEND.WORDPRESS.COM IS HAVING TROUBLE ADJUSTING TO THE LEVEL OF WORK IN GRADUATE SCHOOL. ADDING. "I'VE BASICALLY RESIGNED MYSELF TO A SEMESTER IN MY ROOM.



"Marion Barry is a very personable man, and he has been in D.C. government for a while, but it's time for some new leadership in our ward."

ANACOSTIANOW.BLOGSPOT.COM WAS READY TO VOTE AGAINST THE CURRENT WARD 8 COUNCIL MEMBER AND SO-CALLED "MAYOR FOR LIFE" IN THE PRIMARY ELECTIONS FOR D.C. COUNCIL TUESDAY



WHILE I APPRECIATE

Microsoft's price cut on the Xbox 360, it puts me no closer to ownership of the system. If they really wanted me to buy one, maybe they could send someone over to help me finish the games I already own.'

BLOG.THINKLYNSEN.COM THINKS THE SYSTEM'S GAMES ARE ENTIRELY TOO DIFFI-CULT. EVEN FOR A REGULAR GAMER.

"I do think Google

has a pretty creepy corporate culture, not overly law abiding and respectful of the IP rights of others, and with imperial ambitions. They scare me, but, golly, they do make good products."

RIGHTCOAST.TYPEPAD.COM IS OFFICIALLY ON THE BANDWAGON FOR CHROME, ADDING, "I'M NOT SURE I CAN GO BACK TO FIREFOX."

Discussions

Gardening Tips

Post Gardening editor ADRIAN HIGGINS was online Tuesday, to offer advice about lawn care, vegetable patches, container gardening and

Would now be a good time to aerate and re-seed one's lawn?

It would indeed. If you are man (or woman) enough to lug the machine. I like to lay compost over the lawn before aerating so that when the machine removes the plugs, the compost automatically fills the holes. You will then have the essential seed-to-soil contact that you will need. Aerating also dries out the roots of the remaining turf, so it's important to keep the lawn well watered afterward. Mid-September to mid-October is the optimum time for sowing cool season grasses in our region.

If it seems like overkill to rent an aerator. I.e., if you have a small city lawn and strong legs, there are also manual core aerators that you can buy for less than \$20 that do a fine job. You step on the crossbar to plunge it in and extract the plugs.

I couldn't agree more. The machine one rents needs two strong people just to unload it, assuming you have a pickup truck. I wouldn't recommend renting one unless you had at least 5,000 square feet of lawn. The one thing that isn't much use is the spikey aerator, which does little to open the soil and actually causes more compaction, which is what you're trying to undo.

I tried growing broccoli this year, but it didn't quite work out. I saw

something that looked like what you eat, but it was mostly long spindly things jutting out. It's still like that. Was there something I was supposed to do?

Broccoli is best grown as a fall crop here, but unless you can find plants, it's a bit late for them. It is best to install seedlings in August.

What is the best way to store spring bulbs between buying them and planting them? I usually wait for the weather to cool off but want to buy the freshest bulbs I can find. Thank

Great question. I store mine in a spare refrigerator, but not the freezer. Daffodils can go in soon, but tulips should wait a month.

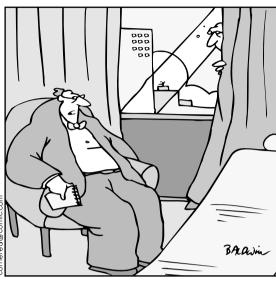
TODAY ON DISCUSSIONS:

The authors of "Bridal Bargains" offer tips on how to plan a beautiful wedding celebration without going broke at noon. | washingtonpost.com/discussions.

Bizarro | Dan Piraro

He thinks he's in love with the woman whose voice is on our GPS BIZARRO,COM BIZARROCOMIC, BLOGSPOT, COM

Cornered | Mike Baldwin



"Come on, they're just feelings. You don't have to act on them. There's no reason to have stage fright."

Pooch Cafe | Paul Gilligan



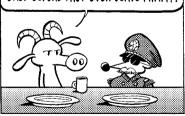




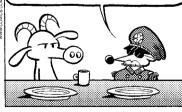


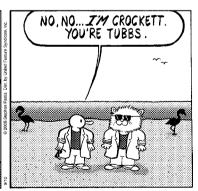
Pearls Before Swine | Stephan Pastis

LISTEN, RAT, YOU CAN'T POSSIBLY THINK YOU'RE GOING TO GET MERCENARIES FROM MIAMI INTO CUBA TO TOPPLE THE CUBAN GOVERNMENT. THEY'LL BE DISCOV-ERED BEFORE THEY EVEN LEAVE MIAMI

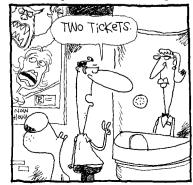


INCORRECTO, EL MORONO...I'VE DONE MY RESEARCH INTO THE MIAMI SCENE AND MADE SURE THEY'LL BLEND IN WITH ALL THE CURRENT FASHION TRENDS





The Duplex | Glenn McCoy







Horoscope

By Stella Wilder

VIRGO (Aug. 23-Sept. 22) This is a good day to renew personal and professional commitments. You don't want others to think that you don't have it anymore.

LIBRA (Sept. 23-Oct. 22) You have much to do, but you were best to approach each and every thing from a new and experimental perspective. Try anything.

SCORPIO (Oct. 23-Nov. 21) You may find vourself as close as you ever want to be to a major threat. Remain calm, and keep your wits about you; don't overreact.

SAGITTARIUS (Nov. 22-Dec. 21) You won't want to go along with the crowd, but you may not be ready quite yet to stand on your own and suggest an alternative.

CAPRICORN (Dec. 22-Jan. 19) This is a good day to count your blessings and establish a great understanding of your own limitations or liabilities.

AQUARIUS (Jan. 20-Feb. 18) Tradition will be a large part of your day, even if you find yourself exploring new ways of doing things. Lean heavily on your

PISCES (Feb. 19-March 20) You may be called on to promote two conflicting ideas — and you must resist the temptation to take sides, no matter what may happen.

ARIES (March 21-April 19) You may find yourself balancing between two considerable risks, and the way out of this difficult situation is itself risky.

TAURUS (April 20-May 20) You may have no choice but to challenge the odds, attempting something that has been proven difficult or impossible in the past.

GEMINI (May 21-June 20) A combination of unusual forces is at work, pulling you in two different directions at once. You may have to take hold action.

CANCER (June 21-July 22) Get away from it all — or if you can't do that, make some time for those rare pleasures you're looking forward to sharing with another.

LEO (July 23-Aug. 22) Give someone else a break and you are likely to receive one in return as a direct result. Don't neglect to help each other out.



Gen. David Petraeus told Congress he thought 30,000 troops could leave Iraq in '08.

Today in History

1608 John Smith is elected president of the Jamestown colony council in Virginia. 1935 Sen. Huey P. Long, "The Kingfish" of Louisiana politics, dies in Baton Rouge two days after being shot.

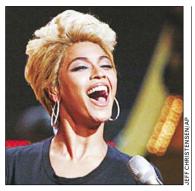
U.S.-born Mildred Gillars, 48 u.s.-pointenant wartime radio broadcaster "Axis Sally," is indicted for treason. (She was later convicted and served 12 years in prison.)

1963 Twenty black students enter Alabama public schools following a standoff between federal authorities and Gov. George C. Wallace.

Gen. David Petraeus, 2007 Gen. David r etiacus, the top American commander in Iraq, tells Congress he envisions the withdrawal of roughly 30,000 troops by the summer of 2008, saying the surge in troops has met its military objectives "in large measure."







Sharon Osbourne wants her hair back.

UPCOMING

Album to Be Pure Aural Distillation of Artist's Soul

BEYONCE will release her third solo album on Nov. 18, Columbia Records announced. According to the press release, the album is her "most personal, reflective and revelatory collection to date." She co-wrote and coproduced all the songs. (EXPRESS)

ACTION

New Evidence Shows Egypt Had Powerful Explosions



WILL SMITH will play an Egyptian king in the film "The Last Pharaoh," E! reported. His character, the military

tactician/ruler Taharqa, battled Assyrian invaders around 677 B.C. (EXPRESS)



Weighty Matters

MINNIE DRIVER has given birth to a not-so-little one. Henry Story Driver was born in Los Angeles on Friday and weighed in at a hearty 9 pounds, 12 ounces, her publicist Jessica Kolstad told People magazine. She has not revealed the name of the father. Driver stars on the FX cable TV series "The Riches" with British comedian Eddie Izzard. (AP)

Oasis Fans Didn't Sign Up for Such Shenanigans

Oasis rocker **NOEL GALLAGH-**

ER was attacked at a concert, and the alleged assailant was charged Monday. The band was midway through its set at the Virgin Festival in Toronto Sunday when a

man rushed the band from the back

Oasis fans are shocked to be in their late 30s

of the stage. He pushed Gallagher, causing him to fall on his speakers. "Everyone was shocked. The fan came out

of nowhere - no one even saw him run onstage; people just saw Noel fall and then people started yelling," said a concertgoer. (AP)

'Do These Gestating Twins Make Me Look Fat?

JERRY O'CONNELL, star of the new sitcom "Do Not Disturb," told People magazine that he's apologizing for a joke about his wife, Rebecca Romijn, who is pregnant with twins. "I regret calling my wife 'huge' on 'Conan



O'Brien," he said. "I meant to say that there are specific areas of my wife that are larger than normal and growing

every day. All other portions of my wife are quite petite." (AP)

THE FUTURE

Dec. 7 Traffic Will Be Bad

BARBRA STREISAND, Morgan Freeman and George Jones will be awarded the Kennedy Center Honors for lifetime achievement, along with choreographer Twyla Tharp and musicians Pete Townshend and Roger Daltrey of the Who. Performers from all over will salute the honorees at a Dec. 7 gala. (AP)



Who really needs Rock Creek Parkway?

5 Day Forecast for the Washington Area



Regional Weather

Morgantown 2 72/5I

Charleston

nighs and tonight's low





Winchester 9





74/56

Baltimore 74/54

Washington, DC 74/57

77° / **67° 76° / 65°**



81° / 69°

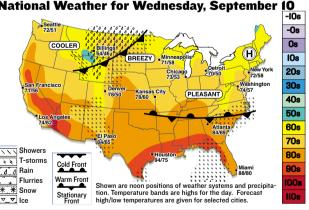


Cloudy, a thunder storm possible

Sunday

85° / 68°

National Weather for Wednesday, September 10



National	Cities	
▽_▼ Ice	Front	high/low temper

tational	Citics		
ity	Today Hi/Lo/W	Thur. Hi/Lo/W	
tlanta	84/69/t	80/70/t	
oston	68/50/s	68/53/s	
hicago	73/53/s	80/6I/pc	
allas	87/74/t	93/76/pc	
enver	78/50/t	66/50/r	
lonolulu	88/74/s	88/73/s	
os Angeles	74/62/pc	76/62/pc	
1iami	88/80/t	90/80/t	
lew York City	72/58/s	74/60/s	
rlando	88/76/t	90/76/t	

World Cities City Amsterdam Athens

Today Hi/Lo/W 69/54/s 87/71/s 68/52/nc 63/54/r 57/41/r 63/45/nc

Buenos Aires 64/43/nc Dublin 61/50/sh Geneva Moscow 46/39/r 72/51/s 75/52/s Tokyo

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Almanac

Washington, D.C., through 4 p.m. Tues
Temperature
High 81

High	81°
Low	74°
Normal high	81°
Normal low	64°
Average humidity	75%
-	

Precipitation

24 hours ending 4 p.m	0.18"
Month to date	4.08"
Normal month to date	1.12"
Year to date	37.63"
Last year to date	21.04"
Normal year to date	27.49"

washingtonpost.com/weather

Regional Forecast

D.C. Metro: Today, partly sunny, cooler, less humid. High 74. Wind northeast 8-16 mph. Tonight, clear, cool. Low 57. Wind northeast 6-12 mph.

Sun and Moon

a.m.
₽.m.
p.m
a.m.

Sept 15 Sept 22 Sept 29 Oct 7



CROSSWORD | SPEED TRAP

ACROSS

1 Come out of one's shell? 6 Broad ending 10 Poke fun at 14 Occupied 15 Brahms' ' Rhapsody' 16 Sedan sweetie 17 Out like a light 19 Shut (up) 20 "-y" equivalent 21 Pleasing, as tones 22 Ancient Machu Picchu dweller

23 "Ain't We Got 24 Bullets 26 Police may suspect it 31 Words with "see vou" or "be here" 35 A.A. Fair's real first name 36 Fan club focus 38 City northeast of Genoa 39 Baptism or bris. e.g. 40 Filming attempts 42 Touch with color

Prize winner Cassin 46 Exercise discipline 47 Momentarily, slangily 49 1992 Clinton campaign song 51 Kind of radio 53 Carried out 54 Bronx cheer

57 Encroachment

60 Rhyme pocketful

43 "Seinfeld" dad

45 1968 Nobel Peace

63 Doing zin 64 Muffins or scones 66 Unspecific feeling 67 2002 Winter Olympics locale

68 Sweet finish 69 Coup d' 70 Paragons of slipperiness 71 Piquant

DOWN

1 '50s audiophile's purchase 2 Collections of anecdotes 3 Derriere 4 Winter hrs. in St. Louis 5 Lead, as a department 6 Lead a square dance 7 Screendom's Guinness 8 Anniversary gift between tin and silk 9 Kind of list 10 Mt. Rushmore gateway 11 "I concur' 12 Bluish-white metal

30 Hitched, as oxen

export 13 Follower of epsilon 34 Draft 18 Like an atrium 23 British press 25 Sight-see? 26 Atomic physicist Maurice 27 Belted constellation 28 Sound attachment? 29 Shevat's follower

43

32 Poet T.S. 33 Lively Argentine classification? 37 "Jaywalking" personality 41 Writer/illustrator 44 Term of endorsement 48 Exclusive circle 50 Choice morsel 52 Coach Rockne 54 Hepcat's jargon

55 Do postproduction work 56 Portoferraio's island 58 Qum coin 59 Folk singer Phil 60 Bridle attachment 61 Half of a wellknown dichotomy 62 Nervously irritable 65 Indianapolis

Yesterday's Solution

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© PUZZLES BY PAPPOCOM

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SUDOKU | MEDIUM

Fill in the boxes so each row, column and 3-by-3 square includes the digits I through 9. See www.sudoku.com for solution, tips and computer program.

Need more Suldoku?

Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section Monday through Saturday.

Yesterday's Solution

2	5	6	8	3	7	4	9	1
1	8	4	9	2	6	5	3	7
9	7	3	1	4	5	2	6	8
3	1	8	7	9	2	6	5	4
6	4	9	3	5	8	1	7	2
5	2	7	6	1	4	3	8	9
4	6	2	5	8	9	7	1	3
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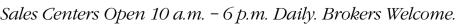
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HOMES

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AT HOME WITH COMBS: Timo Nguyen, who traded in his solitary computer programming job to cut hair at a swanky Georgetown salon, says he loves being able to be creative and chatting with clients.

In the Hair and Now

IT'S CUT, COLOR AND BLOW-DRY 10 TIMES A DAY FOR THIS STYLIST

When a friend of Timo Nguyen's wanted to check out Graham Webb International Academy of Hair in Rosslyn, Nguyen tagged along. An administrator, thinking he was interested, too, gave him an CONTINUED ON E2



Inside First Class Entrepreneur Debra Leopold spills on education and marketing **E4**



Safety 'Net

The Internet can be a great career tool if you know how to use it | E8



TOOLS OF THE TRADE









DOWNSIDES AIN'T SO DOWN:

Timo Nguyen isn't bothered by having to stand on his feet all day ("I work out and stretch," he says. "...

Stretching is good.") or by the chemicals he works with ("I use gloves always."). Nguyen sees about 10 clients a day, some of them well-known news anchors and pundits.



The Mane Event

CONTINUED FROM EI

application.

"I thought about it for a month," he says.

The Vietnamese immigrant consulted his family around the dining table: Mom was concerned, his father and sisters supportive. The tipping point: Nguyen was miserable as a computer programmer at an Arlington database company.

"I went to school for computers because everyone went to school for computers," Nguyen says of his bachelor's degree, which he received from George Mason University in 2000. "But it just wasn't me; it wasn't fun. I was working to support myself only." In January 2002, he — but not his friend — started classes at Graham Webb (1621 N. Kent St., Arlington; 703-243-9322; Grahamwebbacademyonline. com), one of several schools in the Washington area that teaches cut, color and styling techniques to students of all ages. This work was fun; by taking classes full time Tuesday through Saturday and helping at classes Sunday and Monday, he racked up enough credits to finish the yearlong program in 10 months.

He also earned accolades. Five months in, the school hosted its annual competition: As family and friends cheered in a Rosslyn theater, about 20 students worked on two models each, from cutting to blowouts. Nguyen won the award for color.

That award — along with a 4.0 GPA and stellar attendance and recommendations — helped win him a staff stylist job at George, the Four Seasons Spa Salon in Georgetown, where he's

been ever since.

Several area salons, including George, conducted interviews at Graham Webb. A classmate and George client told

Nguyen about the opening and suggested he go for it.

Christine Gordon, owner of the Rosslyn Graham Webb, isn't surprised. "He's such a nice guy," and smart, she says. "You'd explain it once, and he got it. It's wonderful to be able to rescue him from a cubicle."

Hairstyling is thriving in the current economy, and, she says, "we are seeing quite a few

career changers. This is a job that's not going to go overseas.

"Plus, generally, two years out of school, after you've built some clientele, you can make \$50,000 to \$60,000 plus

15 to 20 percent in tips. At the quick chains, you make \$20,000 to \$25,000; at the top salons, you can have a multimillion-dollar home in Potomac. And work ethic makes a big difference in income." At a pres-

tigious salon like George, Gordon estimates, a motivated young hairstylist "is probably making six figures easily."

Other upsides: a flexible schedule and "you'll always have an income." On the downside are fussy clients, the smell of chemicals and being on your feet all day.

Nguyen professes little problems with those downsides. Being on his feet: "It helps that I work out and stretch. I learned from colleagues that stretching is good." Chemicals: "I use gloves always. [Chemicals] are better than they used to be, and the air circulation in here is good."

As for clients, the young woman whose hair he'd been highlighting pops back with a tip and gushes,

I went to school for computers because everyone went to school for computers. But it just wasn't me; it wasn't fun.'

"You're the best!"

Nguyen likes the creativity — "you can try different things and always change it later" — and the rewards of pleasing clients. "I can now bring out my thoughts and feelings with people," he says, as opposed to programming, which he calls "pretty much a one-person job."

Nguyen sees about 10 clients a day, some of them well-known. News anchors and pundits often study their notes or laptops while in his chair. Without naming names, he says he once turned on a news show at the gym "to check how a client's



FLUSH BRUSH: At a prestigious hair salon, stylists can make six figures "easily."

hair looked on TV. It looked good! And the client came back happy."

The 33-year-old has kept up his skills and contacts by taking advanced classes, observing longtime stylists and acting as a judge at the same competition he won six years ago. Students "see me as an example of what they can do when they get out of school," he says.

Having been asked, he's toyed with the idea of teaching part time at Graham Webb, but the time commitment is a problem. It's tough enough to find time to get his own hair cut. "It can be hard to get an appointment for yourself," he notes, "because we do each other's, and the other person has to be free, too!" ellen ryan

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Columbia Union College

Leopold, 52, has helmed First

GettingAhead



SCHOOLED: Debra Leopold's business savvy has kept her learning center First Class Inc. afloat during troubled economic times.

Back to School

A look at D.C.'s oldest and only independent learning center

Tarot reading. Self-hypnosis. Blackjack dealing. Resume writing. Improve your life. Make more money. Become more attractive. Turn that great invention idea into reality. Heck, is that Sudoku puzzle too hard for you? There's a class for that, too.

Washington's source for educational seminars both serious and off-the-wall is First Class Inc., that business whose brochures are usually nestled between real estate flyers and job fair leaflets. But unlike buying a home or finding a new job, a class at First Class can change your life for a minimal investment — or, at least, that's the angle Debra Leopold's banking on.

Class Inc., since she founded it in 1984. She's led her business through its fledgling stages (convincing former Washington Post columnist Bob Levey to hold a seminar) to its glory days (a former CIA agent's class

It's so hard to replicate the energy that happens in a live seminar. ... How would you get that on the Internet?"

DEBRA LEOPOLD

attracted worldwide press attention) and, most recently, a serious challenge (the Internet and free information). She's watched her industry evolve and flounder, as independent learning centers across the country have folded and even many of industry giant Learning Annex's schools have closed. And, the cynic says, why should it be any different? When the Web can teach you how to buy a house, start a business or fold an origami crane, why shell out for a class, even one that costs as little as \$25 and two hours of time?

"It's so hard to replicate the energy that happens in a live seminar," Leopold says. She wears pink eye shadow and a rhinestone-speckled dress, and is almost unconscionably perky. She bakes chocolate chip cookies for her students to munch on before class. "You can get all the information from the Internet, but [the teacher] motivates you to do it. How would you get that on the Internet?"

It seems that at least some Washingtonians agree that in-person learning is still tops. Take one of First Class' perennial favorites, the Passion Test. It's based on a book, but some clearly prefer to listen to a lecture rather than buy (or borrow) the book: The class sells out every time it's offered.

Other popular courses include anything hands-on: "Massage for Partners" is always popular. And in this economic climate, classes that promise wealth from a new career or side business fill the First Class course catalogs. "For a minimal investment of time and a minimal investment of money, you could really come away with a skill that will change your life," she says, and then backtracks. "Could you find the skills needed to give you an edge? ... I think so. For adults, it [one session] is usually enough. They don't really need any more."

BEGINNINGS

In 1984, Leopold was working for an adult-education center called Open University, doing marketing, HR and design work, and taking their classes — break dancing, bagel-

Leopold was taking Open U's classes ... bagel-making and so on.

making and so on. The school, like its contemporaries, was informal; a way to socialize rather than pick up a new skill. "It was very grassroots ... very few people had an outline." Classes were held in teachers' basements. When Learning Annex bought Open U, Leopold realized she didn't like the new owners, so she founded her own school.

Business grew. Classes as wideranging as How to Play 3-D Chess (a flop) and Making \$100,000 a Year as a Private Eye (a success) peppered the course catalogs. Competitor the Learning Annex shut down in 1990, made a second attempt at breaking into the D.C. market in 1995, and shut down again in 1997. There was an incident when some of Leopold's information boxes went missing. The Post reported Leopold said she had seen her boxes in use, with Learning Annex stickers on them, in New York City. The Learning Annex retaliated by claiming Leopold "took a box with her [to New York], took a picture and went home." Really.

ENTREPRENEURIAL LIFE

Days begin at 10 a.m. answering e-mails and taking registrations, and end at 9 p.m. when the night's CONTINUED ON E6

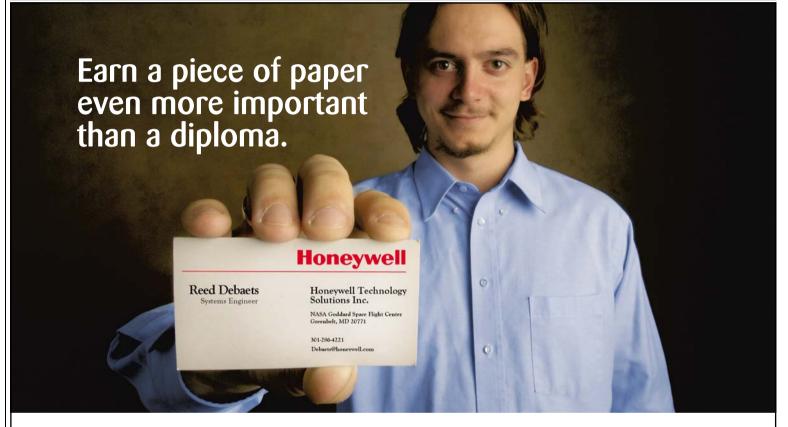


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1927

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A Classy Act

CONTINUED FROM E5

class ends. Since she's there to let students in before and lock up afterward, Leopold ends up sitting in on the class, whatever it is, for the heck of it. Leopold learned basic sign language this way, and her husband took feng shui. Recently, though, Leopold's been auditing some of her more tech-y courses: "Make \$100 a Day Using Your Blog and Free Internet Tools" was a recent one. That got her into social networking as a way to advertise her business.

"The challenge to me is marketing. ... I don't know when to stop," Leopold said. "Every time I think I've caught up on every site out there to get the word out, two more crop up. ... Maybe I don't fully understand how the sites work." It does sound



EDUCATION STATION: All classes—like Clara Sachs' Thrift Shop Wardrobes— are held in First Class's HQ off Dupont Circle.



more crop up."

DEBRA LEOPOLD

like information overload, especially for a self-described poor delegator: She spends an hour and a half daily updating various sites. She's registered on LinkedIn, MySpace, Facebook and Twitter and blogs on Blogspot. She posts on Craigslist and also uses Kijiji and Plurk, two sites of dubious value as yet. And her strategy of posting personal updates ("Digging Project Runway ... was I a fashion designer in another life?") and only sporadic class announce-



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GettingAhead

ments is questionable, though for now it seems to be working. "My understanding is you're not really supposed to market or advertise [on social network sites], but if it happens subliminally it's OK," she says. And "all of a sudden, new students were coming in the door. … All my classes last week were sold out, [and] they're sold out this week."

BUSINESS TIPS

Say what you will about a cookie-baking, Facebook-doting woman; running a company almost single-handedly for a quarter-century requires some business savvy. One tip, free of charge: Master as much as you can, "so you're not outsourcing all these things that just add to your overhead." In addition to doing her own Internet marketing, Leopold is her own accountant, Webmaster, brochure designer and tech support line.

And, for now, business is good. Enrollment is bouncing back, Leopold has no local competitors, and her students, it seems, love her. When she e-mailed her student mailing list asking for success stories, responses flooded in. "First Class has changed my life." "Tim doing exactly what I have always dreamed of." "I could not be happier." "First Class rocks!!!" It's unclear how much of this goodwill was attributed to the \$5 coupon code included in the mass mailing — but, then again, isn't that good business sense, too?



At First Class, learning isn't confined to subjects such as math and philosophy.

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GettingAhead



IT CAN BE GOOD FOR YOU: Analiese Bendorf uses Facebook to scope out potential hires but warns that it's easy to get too relaxed.

The Net Works

Nix incriminating photos before using Facebook in your profession

It was just a status update. Mike Gehrke, a project director at the Democratic National Committee, posted every day or two on Facebook — office banter, political commentary, random observations. So, when he posted on Facebook and Twitter a Jay Leno joke — "What do you call someone who digs for dirt on McCain? An archaeologist" — last spring, he thought nothing of it.

Unfortunately for Gehrke, his boss thought otherwise. So did ABC News. So did the Hotline. Gehrke, 41, soon found the contents of his Facebook updates, which are shared with his 890 online friends, spreading across the blogosphere faster than you can say "superdelegate."

He's still not sure who tipped off the media — "One of my Republican friends," he said — but his Facebook faux pas warranted a story by Jake Tapper, ABC News' senior national correspondent, which fanned out through every political blog you can think of. Since the DNC had said earlier that they wouldn't make an issue out of the candidate's age, Gehrke's joke, which had been forwarded to him by an intern, attracted a lot of attention and earned him a reprimand from his boss.

"I supervise interns and staffers who used these sites in college, and I should have known better. We always give them a talk about how they represent the DNC [online], so they almost could have played back a tape of my speech to myself," said Gehrke. "The ironic thing is that the

reporter 'friended' me after that."

Ever since Facebook opened up to everyone two years ago, one of the fastest-growing demographics on the site has been the over-35 set. Your boss is probably one of them. And if you haven't learned by now to adjust your privacy settings, well — put this article aside for the moment and do it now. The following stories of social networking gone awry will be here waiting for you when you return.

Digital dirt is something we all need to be concerned about, said Ellen Sautter and Diane Crompton, career consultants and authors of "Seven Days to Online Networking." The term is a catchall for anything incriminating that can be dug up about a person online — whether it's the boozy pictures from last night's beer pong match, the secret blog

SCRUBBING YOUR DIGITAL DIRT

Don't get caught with mud on your face(book)! Check out our tips.

- → Learn how to adjust privacy settings so potential employers can't see your profile and so your boss won't see those photos of you in a hikini
- → Don't over-share. Maybe an e-mail would be a better way to deliver ques-

tionable news rather than through a Twitter post. If you're a member of an organization that doesn't reflect well on you professionally, leave it out of your profile.

- → Monitor your online reputation. Set up a Google alert for yourself and see what comes up.
- → Wash over irrelevant informa-

tion. If your top results on Google are for someone else, or something irrelevant to your job, like a wedding announcement, you have to build content that will push those results lower in the search, said Crompton and Sautter. They suggest blogging and answering questions on LinkedIn to outrank digital dirt.

you're hiding from your boss, or even the person who shares your name and happens to be a suspect in a high-profile murder case.

"Anything online can be damaging, and I think one of the points we've been reading is that it doesn't need to be true; it just needs to be something someone can find," said Sautter. "You need to monitor what's out there about you."

That goes beyond modifying your Facebook privacy settings and untagging the photos of you at the Anything-but-Clothes Party last weekend, though those are great preventative measures. At the same time, said Crompton, you don't have to wipe your profile totally clean.

"It's hard to think of a profile as so antiseptic. We coach professionals into letting their hair down on LinkedIn," she said. "If it becomes "Anything online can be damaging. ... Monitor what's out there."

so clinical, you don't show who you really are — but you have to monitor what you show."

Analiese Bendorf — a financial recruiter for Justin Bradley who uses Facebook to check out potential employees — agrees.

"Don't be afraid of Facebook," she said. "We're starting to look at it as a means of recruiting, even. Don't be shy about putting your work history on there."

At the same time, it can be easy

to go overboard when you're networking online, where it's easy to type before you think. This is especially true in the process of finding a job or internship. Bendorf said that she's dealt with several overzealous social networkers among her recruits.

"I recommend calling or e-mailing to check in. But if someone is a potential employer, it's weird to ask them to be your Facebook friend, where they could have access to all of your hobbies, photos and political preferences." said Bendorf. "Sometimes, I've had candidates invite me to groups, like one of those '10 Million Strong for Colbert'-type things. You just want to be mindful of your professional interactions on Facebook, and be sure it doesn't cross over into the personal realm."



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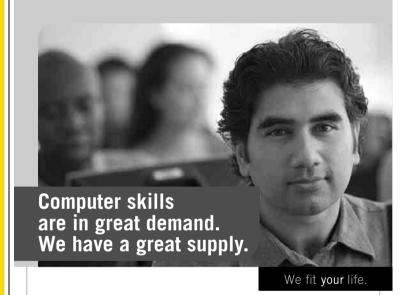
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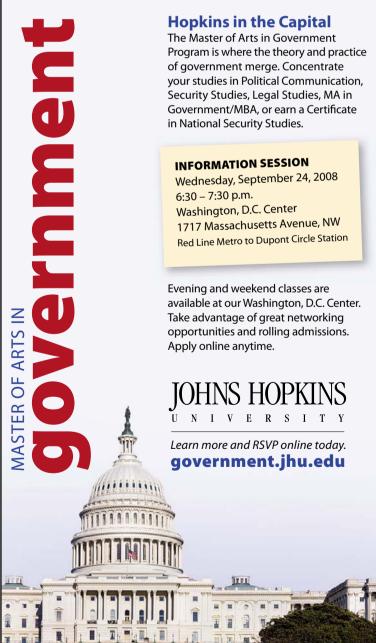


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GettingAhead



A STITCH IN TIME: Karen Kormondy, right, teaches fast crafting techniques

Crafting InaFlas

Ipso Crafto's free workshops are about more than needles and thread

Crafting isn't making a comeback it's already back. For years, students, hipsters and other DIYers have been reclaiming sewing and such from the crocheted tea cozy group. With that in mind, Karen Kormondy Crash at Ipso Crafto in D.C. has Course recently begun offering quick classes on techniques from embroidery to stamping. A recent class covered, in 30 minutes, "shisha" embroidery — a technique seen on Indian clothing in which stitchers attach colored mirrors to fabric.

The Basics

Classes are for beginning to intermediate adult crafters. Supplies are provided, and Kormondy doubles between demonstrating the technique to crafters and helping troubleshoot individual work. "That looks really good," Shivani Kamdar said, looking at fellow student Tiffany Heath's shisha. "She did most of it," Heath replied, pointing to Kormondy and laughing.

What You'll Learn

Easy to learn, hard to master: That's the feeling crafters seem to have after a few minutes of poking at fabric with their needles. Kormondy is optimistic: "If it went a little haywire the first time, maybe you found a new way

of doing it," she laughs. Practice is important, because these skills are acquired, just like anything else highly detailoriented. "Think of the first time you did arithmetic ... or calculus." Once

you have the basic stitches down, it's a matter of patience and precision. Extra supplies can be purchased at the shop for more practice at home.

What's the Deal?

Free classes are offered at Ipso Crafto most Wednesday evenings. Tonight is Embroidery Basics: Blanket Stitch. Next week will be a mini-scrapbooking class. Supplies are included, but preregistration is mandatory. 733 8th St. SE; (202) 546-4329; www.Ipso-Crafto.com. RACHEL KAUFMAN

It's Easy to Write Well

Why whipping up perfect reports and e-mails is the new hot biz skill



Don't know the difference between farther and further? Use commas like they're going out of style? Don't

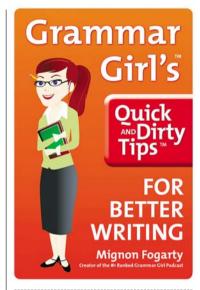
worry: You're not alone. And the fact that so many people get tripped up by word choice, punctuation and other grammar rules inspired Mignon Fogarty, a former technical writer and editor, to whip out her dictionaries and dig deep into the dos and don'ts of the English language. Since 2006, she's shared what she's learned in weekly podcasts starring "Grammar Girl," which have been downloaded more than 13.5 million times. The word maven has now put her knowledge on the page in "Grammar Girl's Quick and Dirty Tips for Better Writing" (Holt Paperbacks; \$14). Here's how to avoid common missteps and why doing so just might help you land that big client or promotion. BETH LUBERECKI

Why do people have such trouble with grammar and usage?

It's very unfair, because people are just expected to know it, yet teachers don't have a lot of time in class to spend on grammar and, especially, usage. I'm Grammar Girl, but a lot of what I talk about is actually usage, word choice and things like that.

Are there any grammar mistakes that really get on your nerves?

Things used to get on my nerves a lot more than they do now. You would think since I'm spending so much more time on grammar I would become more annoyed



with everything. But with every topic I research, I realize the rules often aren't hard and fast. Many things people think are rules are style issues or something that's changed in the last 200 years. I've become much more tolerant. It used to bother me when people used "while" to mean "although," but there's not a hard and fast rule. It used to really bother me when people capitalized nouns unnecessarily, but it's actually that way in our Constitution. Back then, it was the way people wrote.

Forget George Carlin's "Seven Words You Can Never Say on Television." What are some of the dirtiest words in the English language?

"It's" and "its." Not only because a lot of people don't know [the difference], but also because it's a very common typo. We're used to putting in an apostrophe when we're making things possessive. It's one of my common typos; my copy editors know to look out for it.

In today's business world, why is it important to be a good writer? How does the way you communicate reflect on you as a businessperson?

In the past, people would often

pick up the phone and call each other. Today, we're all e-mailing each other. You're very likely e-mailing business colleagues you'll never meet. I think of writing as the equivalent of how you dress. The writing you send is the impression you're making on people these days. In the past, the suit you wore or how you looked was part of that first impression. So, people really form an opinion about you, whether you're serious or playful or responsible or detail-oriented, based on your writing much more than they used to, I think.

What are some things that you should never do when writing a business e-mail?

I would say avoid using text message abbreviations. But I wouldn't call that a hard and fast rule; it depends on the relationship [you have with the recipient]. Always use capital letters properly. If you use all capitals, it's like you're shouting. If you don't capitalize the first letter of a sentence and names and other things that should be capitalized, it makes your writing look very lazy and sloppy, as if you don't care enough about the person you're writing to to hit the shift key. Nobody is too busy to hit the shift key.

Why do you want to help others improve their grammar?

It's kind of funny, because I've always wanted to make a difference in the world. I've done a lot of different things to try and do that. I was in a Ph.D. program at Stanford doing genetic cancer research for a while. I used to visit people in nursing homes. Sometimes my husband will tease me that I'm helping people with grammar, and is that significant enough for me, because I've always had these lofty goals. I feel like this is the opportunity that was given to me to make a difference, so I'm going to do the best job at it I can. This was my hobby; I never expected to reach hundreds of thousands of people with grammar tips.

Do you look anything like the picture on the cover of your book?

Not so much. It's an artist's rendition of what people would expect Grammar Girl to look like. I don't look a lot like Grammar Girl, but I do wear glasses sometimes.

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